



the
OTHER PRESS

the Douglas College newspaper since 1976

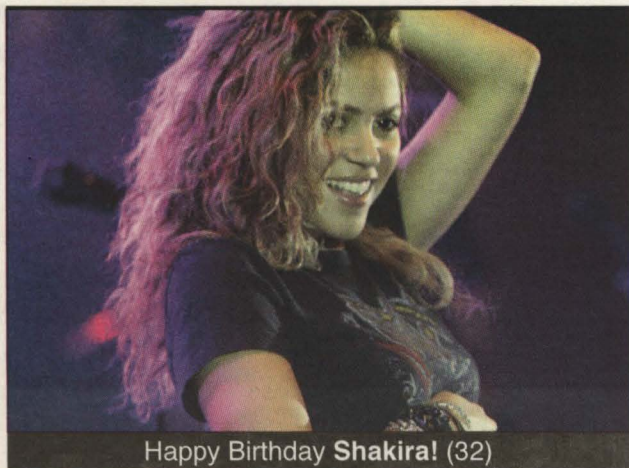
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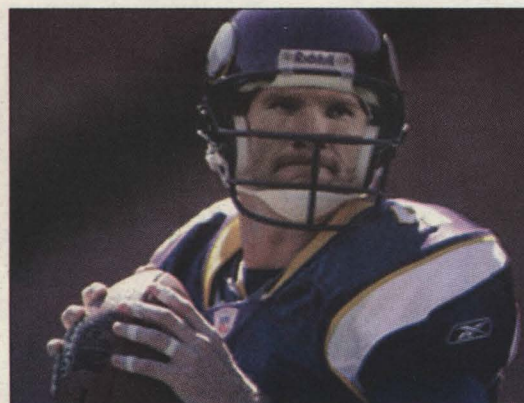
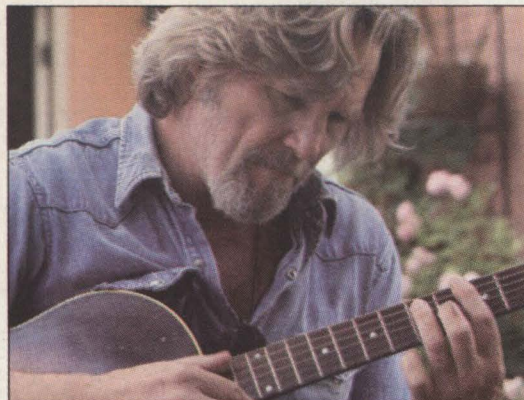
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THE OTHER PRESS

*Student Newspaper of
Douglas College*

PUBLISHED SINCE 1976

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WHO WE ARE

The Other Press has been Douglas College's student newspaper since 1976. Since 1978 we have been an autonomous publication, independent of the student union. We are a registered society under the Society Act of British Columbia, governed by an eight-person board of directors appointed by and from our staff. Our head office is located in the New Westminster campus.

The Other Press is published weekly during the fall and winter semesters, and monthly during the summer. We receive our funding from a student levy collected through tuition fees every semester at

registration, and from local and national advertising revenue. The Other Press is a member of the Canadian University Press (CUP), a syndicate of student newspapers that includes papers from all across Canada.

The Other Press reserves the right to choose what we will publish, and we will not publish material that is hateful, obscene, or condones or promotes illegal activities. Submissions may be edited for clarity and brevity if necessary. All images used are copyright to their respective owners.

This editorial available in a five-disc set



Liam Britten
editor in chief

Is there no grander technological advancement over these past 10 years than the advent of TV on DVD? I know the artificial heart, Burj Dubai and that death ray nobody knows about are all very impressive and such but none of them can let you watch every single episode of *The Sopranos* in one sitting. And therefore, they are all colossal wastes of time and creative energy.

I've been into the TV on DVD thing for years now, as I'm guessing many of you dear readers are. I started by buying the complete *Monty Python's Flying Circus* and *Chappelle's Show*, but the collection has grown steadily over the years, making sure that when TV programmers take my favourite shows off the air, I never truly have to go without them. It has made my life good—and will make my life even better once I can afford the box set for *Kids in the Hall*.

The other day, though, my faith in the power and the glory of TV on DVD was shaken when a friend of mine brought over a DVD set that had me “stoked,” as the kids might say, at the prospect of watching: *The Super Mario Bros. Super Show*, every episode on DVD.

If you were born in the mid '80s to early '90s, you probably remember *The Super Mario Bros. Super Show*; it was that cartoon with Lou Albano voicing Super Mario as he and his friends from *Super Mario Bros. 2* fought the bad guys from *Super Mario Bros. 3* (when I was a kid, that anachronism pissed me off so much) and there were songs and a corny rap number and sometimes there would

be shorts based on *The Legend of Zelda*. There were only 15 or 20 episodes of this show, but every few years in the early '90s, YTV would put the entire run on their cartoon programming blocks for a few months at a time and I'd get to re-watch them once every year or two.

Needless to say, I loved this show back in the day. Being a normal, healthy, video game-obsessed six to eight year old, anything even remotely related to video games was the best thing ever. It didn't matter if the Super Mario chewing gum tasted like crap; it had Super Mario on it, and therefore, was awesome gum.

This brings me back to the cartoon DVDs. When I watched them again in my friend's living room for the first time in probably 15-plus years, I wasn't taken back to a simpler time when this was the most magical show ever; I was instead shocked by how crappy the show was and how low my standards were for television as a child. My trip down Memory Lane was actually sort of sad in how it diminished my appreciation for a piece of my childhood. Undeserved appreciation, yes, but appreciation nonetheless.

While TV on DVD is great and everything, it doesn't provide the context that a proper broadcast signal provides. For some shows with a cinematic vision (*The Sopranos*, *Six Feet Under*, etc.) this works fine; it's like a series of short theatrical films with those programs. But other times, it just doesn't work at all. Like the Mario show; re-watching the show I loved so much didn't really draw up any good memories for me, it more just pissed all over them.

Your friend in high fidelity,
Liam Britten
Editor in chief
The Other Press

MEDIUM SUDOKU

Solution on pg. 22

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WRITE FOR US!

Anyone can get published in the Other Press! Just email your story to the appropriate section editor from the list on the right.

Please send your file as an MS Word doc file, and include your full name, email address, and word count.

The weekly deadline for submissions is Wednesday night for publication the following Monday. Letters to the Editor and “time-sensitive” articles (weekend news, sports, and cultural reviews) will be accepted until Saturday at noon and can be submitted to the editor at editor@theotherpress.ca

Submissions will be edited for clarity and style.

The Other Press will pay \$50 to any student who writes an article of at least 1,000 words for the “features” section. Submit story ideas to the Editor in Chief. Offer good once per semester per student.

The Other Press holds weekly staff meetings at 6 PM on Mondays in room 1020 of the New Westminster campus. All interested students are welcome.

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Vancouver 2010 Cultural Olympiad kicks-off

180 performances to showcase Canada's depth and diversity



Tanya Colledge
staff reporter

The Vancouver 2010 Cultural Olympiad kicked-off last weekend launching 60 days of three multi-disciplinary festivals and hundreds of performances held at venues across the city. Working closely with the community, this celebration of contemporary imagination showcases the best Canadian and international arts and pop culture.

From artistic collaborations and emerging talents, to digital media experiences and outdoor spectacles, the

featured guests will help recreate Young's songbook; and Dance Canada Dance, where two of the country's top dance companies will join forces in performing a contemporary dance piece.

The Olympiad will also present a number of free exhibitions for the general public's viewing. The exterior wall of Vancouver Art Gallery for example will be the location of a massive and colourful hand-painted mural entitled *A Modest Veil* from Taipei-based artist Michael Lin. New media and technology junkies can enjoy CODE, an extensive roster of digitally-based art, electronic music and unique collaborations from international artists.

As culture is one of the International Olympic Committee's three core pillars, along with sport and the environment, the IOC's Olympic charter requires it not only to showcase the culture and tradition of the host city,

"The Cultural Olympiad helps round out the Vancouver 2010 experience not only for the tourists flocking to our beautiful city, but for the well-deserving locals."

Cultural Olympiad helps round out the Vancouver 2010 experience not only for the tourists flocking to our beautiful city, but for the well-deserving locals.

Presented in part by Bell Mobility, events will take place from the Sea to Sky corridor to all of Metro Vancouver. The festival began with Joni Mitchell's *The Fiddle and the Drum*, a full-length work that combined Mitchell's folk and rock songs with the choreography of Jean Grand-Maitre and the Albert Ballet dance company. From there, many other talented performers will take the stage such as María Pagés, one of the world's premier flamenco dancers; Hal Willner's Neil Young Project, where

but to involve international artists from all spectrums: entertainment, music, dance, theatre and the arts. Having such a varied festival wrapped around an international sporting event also allows to IOC to cater to those who may not be interested in sport, but want to feel part Vancouver 2010 experience.

Although many performers chosen to participate in the Cultural Olympiad may not be household names, the IOC has carefully chosen artists that represent unique voices and points of view in our world in hopes that people take a chance and try them out and realize the remarkable depth and diversity that Vancouver and Canada have to offer.

Apple's long awaited iPad debuts

By Kristina Mameli, News Editor

As the tech world waited with bated breath, Apple CEO Steve Jobs unveiled Apple's latest technology last Wednesday: the iPad. The iPad is being hailed as the next generation of must-have technology, a device that can pretty much do it all.

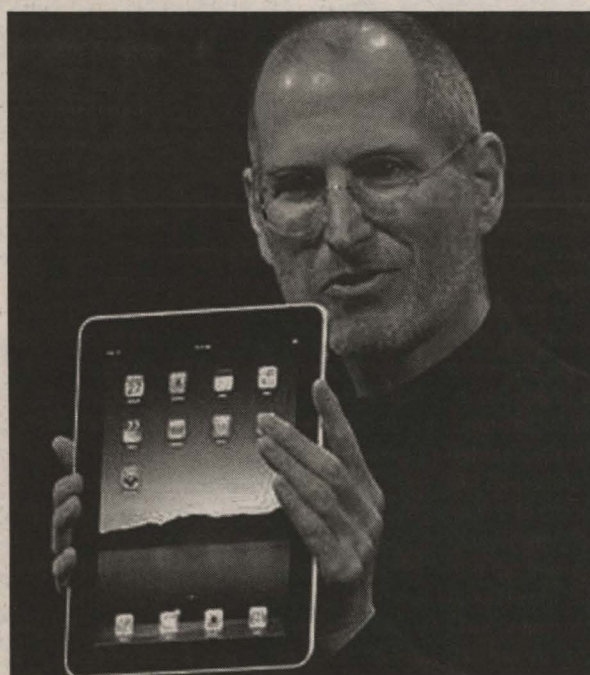
The device itself is much like an iPod/ Macbook hybrid, its high resolution 9.7 inch screen "remarkably crisp and vivid," according to the manufacturer's website, "Which makes it perfect for web browsing, watching movies, or viewing photos."

It weighs about one and half pounds, and is 0.5 inches thick—all in all, slightly smaller than a magazine with 10 hours of battery life and over a month of standby.

Along with all of the standard features of the iPod, it is compatible with over 140,000 apps including Apple's new e-bookstore which is expected to overtake the popular Kindle and potentially revitalize publishing the way iTunes did the music industry. The e-bookstore application, however, is currently only available in the U.S.

The option of a plug in keyboard may also prove to be the nail in the coffin for traditional laptops, which are considerably more bulk than the sleek new device.

This leads to speculation that rather than industry dictating the way these devices will be built, the iPad has the potential to force content producers to adapt to its changing technology. It could also lead to a multimedia experience as far as books and publications are concerned.



The device's feature that is perhaps the most refreshing and appealing, however, is the price. The 16GB Wi-Fi ready device starts at \$499 USD, the 32GB at \$599 and the 64GB at \$699. Factor in an additional \$128 for a 3G version.

Douglas College Wrap-Up

By Kristina Mameli



Toonie Tuesday for Haiti

Today, February 2, third year Bachelor of Science in Nursing students will hold a "Toonie Tuesday" on both campuses. All of the money collected will go directly to the Red Cross of Canada to be passed on to relief efforts in the devastated nation of Haiti.

The DSU is backing the efforts of students by offering use of its resources and matching funds raised up to \$500.

"If anyone has any other ideas about how to fundraise and would like to do so through the DSU, we encourage ideas," said DSU External Relations Coordinator Priscilla Bartleman in a press release on the College's website.

The Canadian Government will also match the donations of private citizens up to \$50 million until February 12.

Have your say at the DSU's AGM

This Wednesday, February 3, the Douglas Students' Union will hold its Annual General Meeting. The event, which will feature free wings and pizza, will begin at 4:30 p.m. in the Upper Lounge of the DSU building on the New Westminster campus.

"The Douglas Students' Union needs to have an annual general meeting every year," explained Priscilla Bartleman, the DSU's External Relations Coordinator, in a recent interview with *The Other Press*. "We want to make some structural changes that will help enhance the services we provide to students."

The meeting will give students the opportunity to hear what has been done of their behalf by the current representative committee over the past year, to ask questions, to vote, and to voice ideas for improvement. The DSU hopes to make quorum this year ultimately to help improve how the DSU operates its events, campaigns and services.

Health and Wellness Fair

Also on Wednesday, the Douglas College Centre for Campus Life presents the Health and Wellness Fair at the New Westminster Campus from 10 a.m. to 2pm. Free health assessments, wellness education and prizes including Canucks tickets will be offered along with a myriad of other activities related to student health and wellbeing.

News Shorts

By Kristina Mameli

Cell phone laws enforced

B.C. drivers who have been counting down the days until new laws prohibiting cell phone use while driving become strictly enforced need wait no more. As of Monday, the law which bans texting or talking while driving will see \$167 fines for talking, and the fine plus three points against licences for texting handed out to offenders.

The law came into effect January 1, but was given a one month grace period.

For more information, visit <http://www.drivecellsafe.ca/>

New West wins Gay Pride Day

Last Monday at the City Council meeting, a motion to make August 7, 2010 New Westminster's first ever Gay Pride Day was passed. The event will acknowledge the gay community living in New Westminster and promote tolerance amongst all residents.

For its first year, the event will remain small with plans to expand in coming years.

A scientific reason to take a break

A study from New York University, which recently appeared in the last issue of *Neuron*, backs up what students have been claiming since the dawn of the lecture: taking a break during class helps you retain information.

While sleep has long been known to help the brain file and retain information, even a short break while awake may have similar effects, claims the report. Your brain acts as a filter, cutting the majority of information learnt quickly and better retaining material learnt prior to a rest.

Where have all the newspaper boxes gone?

Olympic restrictions on street based advertising may be to blame for the disappearance



Kristina Mameli
news editor

As you wait for the bus at the SkyTrain Station in the morning, you may have noticed one particularly glaring staple missing—the newspaper boxes. Even *The Other Press* box which once resided at New Westminster Station has been temporarily relocated to the hallway outside our offices for at least the duration of the Olympics.

But why have the SkyTrain stations been left so bare?

It may have to do, in part, with Olympic by-laws restricting street based advertising.

"The boxes had been removed due to the simple fact that they're seen as safety hazards. Upon further investigation, the removal of the boxes within 100m of some Olympic sites, though not mentioned in the by-laws, was always set to happen in order to address the concerns of the Integrated Security Unit."

According to the FAQ on <http://olympichostcity.vancouver.ca>, the City's 2010 Winter Games By-law includes strict rules about advertising during the Games in an attempt to "minimize litter and congestion in key spectator areas." Under the bylaw, the distribution and display of various forms of advertising ranging from product samples to pamphlets are banned anywhere near an Olympic venue. Outside of the restricted areas, however, all advertising is fair game "as long as it does not cause litter."

It's interesting to note that VANOC is responsible for all of the Olympic advertising that adorns public transit due to a \$17 million deal struck with TransLink. VANOC bought all available advertising spaces and then flipped it to Olympic sponsors. The deal does not negatively affect TransLink's bottom line, but instead sees the company able to budget for extra staff, additional hours and longer service.

So where do those restrictions leave newspapers? According to the site, "Newspapers that contain a balance of editorial and commercial content are not impacted by

the 2010 Winter Games By-law, and can continue to be distributed through the Games period through-out the City. The updated 2010 Winter Games By-law (December 2009) clarifies that newspapers with no more than 70 per cent advertising content (based on the Canada Post criteria) are not advertising-matter. As a result, the temporary restrictions on the distribution of advertising-matter near Games-related sites will not affect newspaper distribution."

In the case of the missing paper boxes, most notably missing from such suburban stations as Braid and Edmonds, however, this does not seem to be the case. Under those rules, the boxes should not be missing from areas as far removed from Olympic venues as the aforementioned.

Early one morning, *The Other Press* spoke to SkyTrain staff unofficially in passing only to find that the boxes had been removed due to the simple fact that they're seen as

safety hazards. Upon further investigation, the removal of the boxes within 100m of some Olympic sites, though not mentioned in the by-laws, was always set to happen in order to address the concerns of the Integrated Security Unit.

The boxes will be returned following the Olympics.



"Sexting" courses aim to teach youth the dangers of technology

By Tanya Colledge, Staff Reporter

We all received sexual education in middle school, but a new course will soon be introduced to 100 Canadian Grade 7 classrooms to shed light on the dangers of explicit mobile messages, textual harassment and other known dangers linked to youths' wireless communication.

After alarming statistics from various studies and reports, including one from LG Electronics, suggested that 22 per cent of teens aged 12 to 17 claimed to have received a naked picture on their mobile device, the Canadian Centre for Child Protection and the Canadian Wireless Telecommunications Association have come together to create a pilot course on the subject, "textED.ca." The course is set to begin in classrooms across the country this month, with full program implementation due in September.

The first of its kind in Canada, the curriculum will help address an education gap that had made young people vulnerable to many text-related risks such as harassment, privacy and "text-lurking." Although some text-education is

required by provincially mandated health courses, educators across the country who have agreed to take part in the pilot program are eager to see the plan put into action.

TextED.ca course is made up of three lesson plans ranging from 40 to 90 minutes in length. Teachers will use a combination of curriculum-based safety lessons, combined with the website to help guide their students through safe and respectful text messaging, skills that are sure to help them through life in our highly technological society.

Once feedback from teachers is collected and the necessary adjustments are made, the program will be sent to junior high schools across the country with details on the optional curriculum in hopes of it being adopted in as many schools possible.

With 100 million text messages being sent every day in Canada, the majority by youth, the Canadian Wireless Telecommunications Association has been proud to financially support a program to teach youth how to use technology respectfully and to know what to do when someone crosses the line.



YouTube to rent out movies

Online service a departure for the free video giant



Angela Espinoza

When YouTube made its official launch in November 2005, it took the world by storm. Rickrolls aside, YouTube was a major step forward in what could be accomplished through video sharing websites. The site's had its fair share of criticism, of course—failing to stand by many of its copyright policies and missing the occasional piece of ultra-violent or even pornographic imagery (trust me, it's on there), but if anything, this just makes the website even more popular.

Going back to copyright issues, virtually every one of us has either

uploaded or searched for all sorts of commercials, TV shows, and even full movies. Just over the last two weeks, I've managed to watch *Se7en* (1995), *Fantastic Planet* (1973), *City Lights* (1931) and *Eraserhead* (1977) and for the record, several of these films have been on the site in their entirety for years. As an anti-Blockbuster consumer, every film I find is like hitting gold. However, were I to own the rights to these films, I'd probably want to have a word with those running the site. There's no stopping the uploading of movies—if one is taken down (by the way, one full film is about thirteen individual videos), another is bound to take its place in no time. That being said, YouTube has found a way to cash in on this.

Google, who became the proud

owner of YouTube in November 2006, has decided to team up with Apple, Amazon.com and Netflix in order to create a new type of video rental service through YouTube. With the service currently available to Americans only, a semi-successful beta test of the service ran from January 29–31, providing viewers the ability to watch five films from the 2009 and 2010 Sundance Film Festivals.

The rental service is neither complicated nor basic. If one wishes to rent out films, they must fill out a form online from where they will select their desired rental price and upload the respective film. YouTube will then run a check to make sure the partners involved are legitimate. If one wishes to view the rentals, they must first have both a YouTube and a Google account.

The rentals are purchased through the credit card service Google Checkout. Once all this has been cleared up, a search for a specific rental can be run with the option to view the film's trailer first. From there on out, it's the viewers' choice whether they wish to rent the piece or not. Refunds are available to those who try to watch their rentals and encounter a technical issue; the only catch is that the video cannot have started running before the issue occurs.

One cannot say for sure if this will be a step forward or a step back for YouTube. Viewers are used to paying zilch for anything on the website, so the rental service will most likely have a rocky start once it's officially launched. Whether or not it'll become popular is up to the consumers.

Make no mistake about it; this is not a thing of beauty!

Jessica Simpson's new rebound relationship makes Billy Corgan the luckiest man alive



By Jay Schreiber, Arts editor

Why does the ugly guy always get the gorgeous girl? This is one of those rhetorical questions that mankind has pondered for decades beating their head against the wall with the idea that there must be a logical reasoning behind it. The sad truth is that there is no logic, just like why stores sell hotdogs in packs of 8, and buns in packs of 12.

For those of us not in the know, Hollywood has a

long history of mismatched couples that feed late comedy shows and are notoriously short lived. The general public usually enjoys finding celebrities at the butt end of jokes, and after things are all done, forget anything ever happened and look to the next laughable

together with Simpson for an unforgettable reality TV show *Newlyweds*, until the two finally split after four years of being together. Anyone who has tuned into MTV's ridiculous waste of money will know that both of the stars have an intelligence level of a lawn chair and the show was merely eye candy for teenagers or material for Conan O'Brien.

Following her split with Lachey, Simpson went on to date John Mayer for a few months before settling down with NFL quarterback Tony Romo. Romo was criticized for time spent with Simpson, having claims laid on him that he wasn't spending enough time throwing it into the end zone, and rather too much time throwing it into Jessica. Looks like a classic case of Yoko Ono syndrome if you ask me.

Romo broke up with Simpson the day before her 29th birthday, and she's been heartbroken ever since. If you ask me, the Corgan thing is a rebound if anything. Simpson has

"Anyone with two eyes and a Y chromosome can see why these two don't look right and why Corgan is more suited towards Ashlee 'Let's do a hoedown and ruin my career' Simpson."

pairing. Anybody remember how Whoopi Goldberg and Ted Danson dated for two years? Didn't think so.

Golden-

haired goddess and thing of beauty Jessica Simpson is the most recent to be ridiculed for dating Smashing Pumpkin's front man Billy Corgan in an act of abstract attraction. Corgan, who hasn't had a hit in 15 years is also working in the studio with Simpson and has been quite prevalent in the media for it.

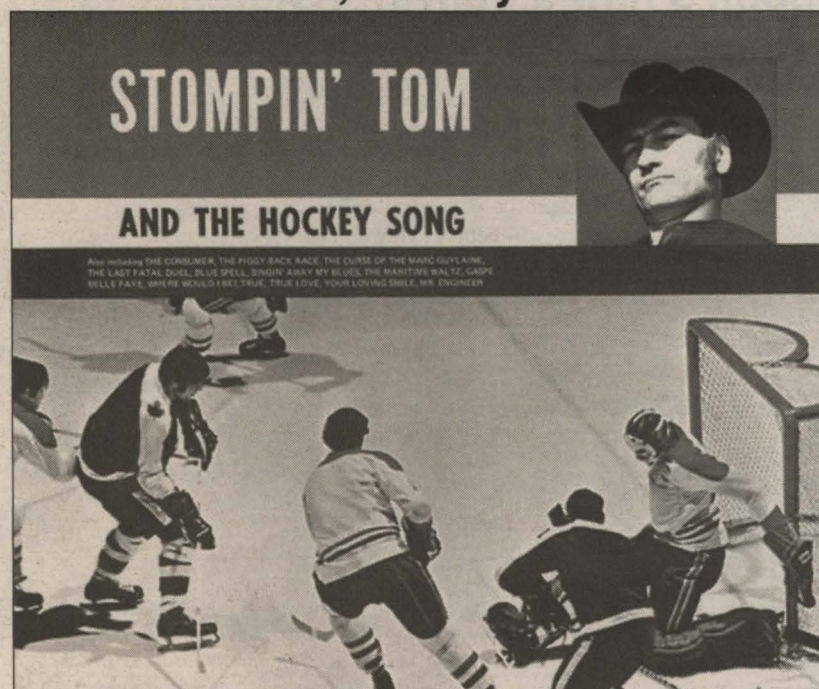
Looking at Simpson's history might help to understand why things are going this way for her, but still the question of why has to be asked. Simpson remained a virgin (yeah, right) until her marriage to ex-husband and closet case Nick Lachey. The former member of failed boy band 98 Degrees was

dated the attractive musician with a small brain, the intelligent musician with some talent, the football star and now the ugly depressed artist who makes you feel sorry for him.

This is definitely a highlight in Corgan's career, having piggy backed on the grunge movement to get his band popular and recently failed at a reunion tour by releasing mediocre radio rock. Corgan is bald, whiny, semi-talented and more than that he hasn't really done anything in the last decade. So why does this guy get a heavenly creature such as Jessica Simpson? Anyone with two eyes and a Y chromosome can see why these two don't look right and why Corgan is more suited towards Ashlee "Let's do a hoedown and ruin my career" Simpson.

My prediction is that in a few months, the two faded stars will break up and go their separate ways. They don't fit as a couple in the high-pressure world of Hollywood and once Simpson realizes how hard she's rebounding, this chapter in the book of Corgan will come to a close.

Name that tune, hockey fans!



Jay Schreiber
arts editor

Who here loves a good hockey game? What's better than going down to the old skatin' rink to see two teams duke it and put the puck in the net? I'll tell ya, one of the things that we toque-wearin', beaver-lovin', hockey fans don't realize is that part of the hockey game experience lies in the music we hear during breaks in the play. With the Olympic hockey face offs right around the corner, here now is a list of the best music to hear at a hockey game.

- **Kickstart My Heart – Motley Crue**

This track is known best for its chugging guitar riffs and '80s "let's get pumped for the sake of pumping up" attitude. Usually a good song for a team to skate out onto the ice to, it's hard for fans to not go crazy when they hear this.

- **Fortuna – Carl Orff**

One of the few pieces of classical music you'll hear at a hockey game, this Carl Orff's famous piece from *Carminas Burana*. Also associated with drinking Rickard's Red beer, this orchestration usually comes out at a pivotal point during the game, like if home team's down a point and there's two minutes left in the third.

- **Thunderstruck – AC/DC**

Try going to any sports game and you'll find that "Thunderstruck" is a universal

crowd pleaser. A driving guitar line and shots of "Thunder" in the background gets people cheering like morons.

- **The Hockey Song – Stompin' Tom Connors**

This is what it's all about. This track perfectly sums up the hockey game experience and has everybody in the stands clapping along with it. If you ever need to represent Canada in a drinking competition, the first verse of this tune can also double as our national drinking song.

- **I've Got The Power – Snap**

Nothing sends hockey fans off their rocker more than old school hip hop from the 1980s. Mixed with a TR-808 drum machine and the feeling of "having the power," this one is a good tune to play after scoring a goal.

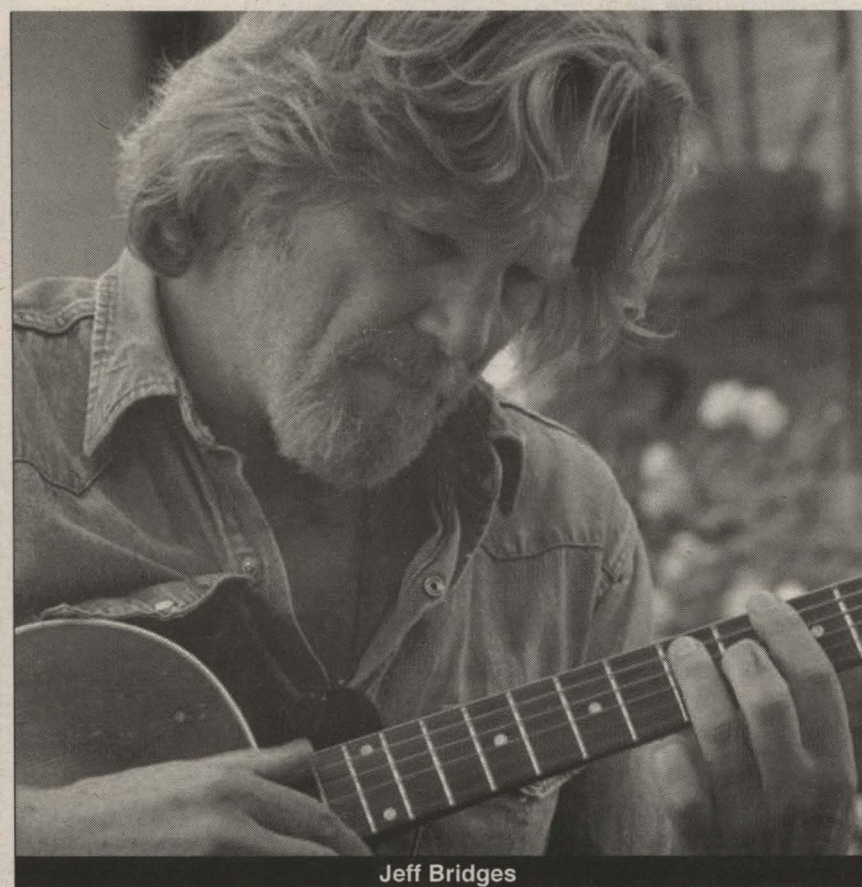
- **Baby Elephant Walk – Henry Mancini**

It's deep into the second period, nobody has scored since the first 20 minutes of the game and the crowd is anxious for a goal—what do you play? "Baby Elephant Walk" is one of those tracks that sounds best coming from the house organist and usually either makes you chuckle at its corny melody or frustrate you with lack of seriousness.

- **O Canada – Calixa Lavallée**

The game can't start until everyone in the stadium stands to salute our nation. I'm sure that everyone in the world will be familiar with this ever-so singable melody come the men's Olympic gold medal game.

Jeff Bridges and great music make Crazy Heart a treat



Jeff Bridges

By Karin Keefe

Is it too early to have a favourite movie of 2010? I have a feeling I won't see a better movie this year than *Crazy Heart*, but I must admit up front to being a country music fan.

Jeff Bridges delivers a memorable performance, winning a golden globe as 57-year-old country singer Bad Blake. The movie starts with Blake driving to his latest gig in a dusty New Mexico town. He pulls up in his beat-up El Dorado, gets out, zips up his pants and takes a plastic milk bottle filled with yellow liquid from the front seat and empties it onto the dusty ground. He looks around and realizes his manager has booked him a gig at a "fucking bowling alley."

Blake balances his world-weariness with wit and charm that come through even when he's at his lowest point. Believe me; he sinks pretty low, like when he has to take a break during a song to puke in a garbage can in the alley. Blake is so broke he is forced to trade on his name in the local liquor store to get a bottle of whiskey for the price of dedicating one of his songs to the shopkeeper's wife. He plays to small crowds at bowling alleys and bars, sleeping with women who have also seen better days, until he meets Jean Craddock (Maggie Gyllenhaal), a journalist who interviews him for the local paper. Jean is a good-hearted woman who falls in love with Blake and makes him realize he wants

another kick at the can. Does this sound familiar? It should, as it is the subject of many movies and country songs. But the beauty here is that this movie manages to rise above cliché, due to the understated performances by Bridges and Gyllenhaal, and the great screenplay written by Scott Cooper, who also directed the film. There are some very funny lines that in the hands of a less talented actor might have come off as cheesy. Such as when Blake introduces himself to Jean: "I'm Bad Blake. My tombstone will have my real name on it. Until then I'm just gonna stay Bad."

Crazy Heart also features Colin Farrell as a "new country" star who got his start as Bad Blake's protégé. Farrell and Bridges do their own singing, and pull off the vocals very well. Robert Duvall, as well as producing this movie, makes a small appearance as the mentor and old friend of Blake.

Music is a big part of the success of this movie. The soundtrack was produced by T-Bone Burnett, who was also responsible for producing the soundtracks for *O Brother, Where Art Thou?* and *Walk the Line*. Burnett and Texas singer-songwriter Ryan Bingham wrote the theme song "The Weary Kind," which has won a few awards, including a Golden Globe for Best Original Song.

Crazy Heart is about redemption and second chances; as the song says "Pick up your crazy heart and give it one more try."



Modern Lakes

• **Tuesday, February 2**

If you know what good rock is, head to the Orpheum Theatre tonight to see **Alice in Chains** featuring special guests **Atom Brains**. The Chains have yet to break, and although original lead singer Layne Staley died in 2002 in Seattle, his replacement fits and the group will still knock your socks off.

• **Wednesday, February 3**

Of the rare but good indie rock groups that emerge around the Vancouver scene, **Modern Lakes** is one of them. Check out the media club tonight for their CD release party with supporting group **Paper Sands**.

• **Friday, February 5**

Oh, concert goers, what a treat you have tonight! The commodore is turning into a head-bangers ballroom this evening featuring the return of metal giants **Arch Enemy** and **Exodus**. If you feel more like getting into groove metal, hang out at the El Dorado to see New West's own **Black Wizard**. In the mood for some horrorbilly? The Rickshaw theatre is showcasing **Big John Bates** with the voodoo dolls, and as always there will be plenty of Jagermeister. For a trip back to yesteryear, Pub 340 has **The Long Riders**, a Leonard Skynyrd tribute group. These guys will be back, however; they don't dare fly anywhere else.

• **Saturday, February 6**

Check out UBC's production of Harry Sommer's **Louis Riel**, a truly Canadian heritage piece that every member of our country interested in history should experience. This opera runs at the Chan Centre from February 3-7, but most Douglas students will be in attendance on this night. Not into opera? Head over to the Railway for a blues jam that starts at 4 p.m.

• **Sunday, February 7**

Make the trip out to the Bell Centre in Surrey the **West Coast Symphony's** performance of several romantic pieces as well as some new arrangements. Child violin virtuosos will be sitting in first chair, featured on pieces from such composers as Mendelssohn, Revel and Rossini.

Spoon's new album *Transference* is unresolved, not uninspired



By Cody Klyne

Spoon, The heavy-hitting indie rockers who have done everything but slow down since the release of 2005's *Gimme Fiction* and 2007's *Ga Ga Ga Ga Ga* are at it again.

Transference, the band's seventh studio album, is a unique twist on the formula that Spoon has been keeping

album feeling gelatinous as it settles into the new raw mold uninhibited by flash or swagger.

"Written in Reverse," a moody and aggressive opportunity for Daniel to let loose and howl like a scorned man, flows into the slightly somber attack of "I Saw the Light". Not necessarily a concept album, *Transference* thrives on the ups and downs that Daniel brings to the table through his varied; sometimes soft,

"A sense of inner struggle comes through in this tug-of-war, making each track unique."

to for the past ten years. Part direct, pounding and raucous; part soft, subtle and hauntingly melodic, *Transference* has vocalist Britt Daniel in a new light.

Like successfully traversing a precarious tightrope, the risks Daniel takes by favouring a more vulnerable, comparatively raw approach places *Transference* in an interesting position in the grand scheme of Spoon's catalogue. Evident as this divergence is throughout the album, it somehow still manages to fall in line with what we've come to expect from the tight four-piece from Austin, Texas.

Things open up with the thoughtfully-constructed and steadily-paced track "Before Destruction". Even here, at the beginning of the album, it's hard not to notice traces of the purposefully disjointed structure that only becomes more prevalent as things progress. Followed up by the slightly more boisterous "Is Love Forever?" Daniel's half sung-words coupled with a cutting beat make for an alarming transition into the jaunty, danceable pulse of "The Mystery Zone." Carrying into the sober groove of "Who Makes Your Money," the opening tracks of the

sometimes guttural, approach. A sense of inner struggle comes through in this tug-of-war, making each track unique. Picking things back up with the ever so hummable "Trouble Comes Running," momentum boils over and simmers softly into the lovely lullaby of "Goodnight Laura."

From here, "Out Go the Lights" and "Got Nuffin" are easily the most accessible and traditional songs on the album. Vulnerable and saturated in a hot-blooded sense of loneliness, the more clearly defined structure of these tracks shines through in defiance of the murky, unresolved closeness of the subject matter. Ending with the unsettling "Nobody Gets Me but You," *Transference* piles dissonance upon dissonance in a surprisingly effective way.

While diehard fans may misinterpret the rough-around-the-edges nature of the album as a lack of polish, Britt Daniel and the rest of Spoon clearly had a creative vision that will not be compromised. Imperfect, *Transference's* porous and exposed approach captures a snapshot of human emotion that should not be overlooked.

Robbie Burns: a poet and a legend

By Jay Schreiber, Arts Editor

This past week on January 25, the arts world celebrated the 251st birthday of famous Scottish poet Robert Burns. Burns is credited as being the only poet with a holiday in his honour, being a pioneer of romantic writing in the 1700s. Here now is a collection of some of Robbie's most famous quotes:

"There is no such uncertainty as a sure thing."

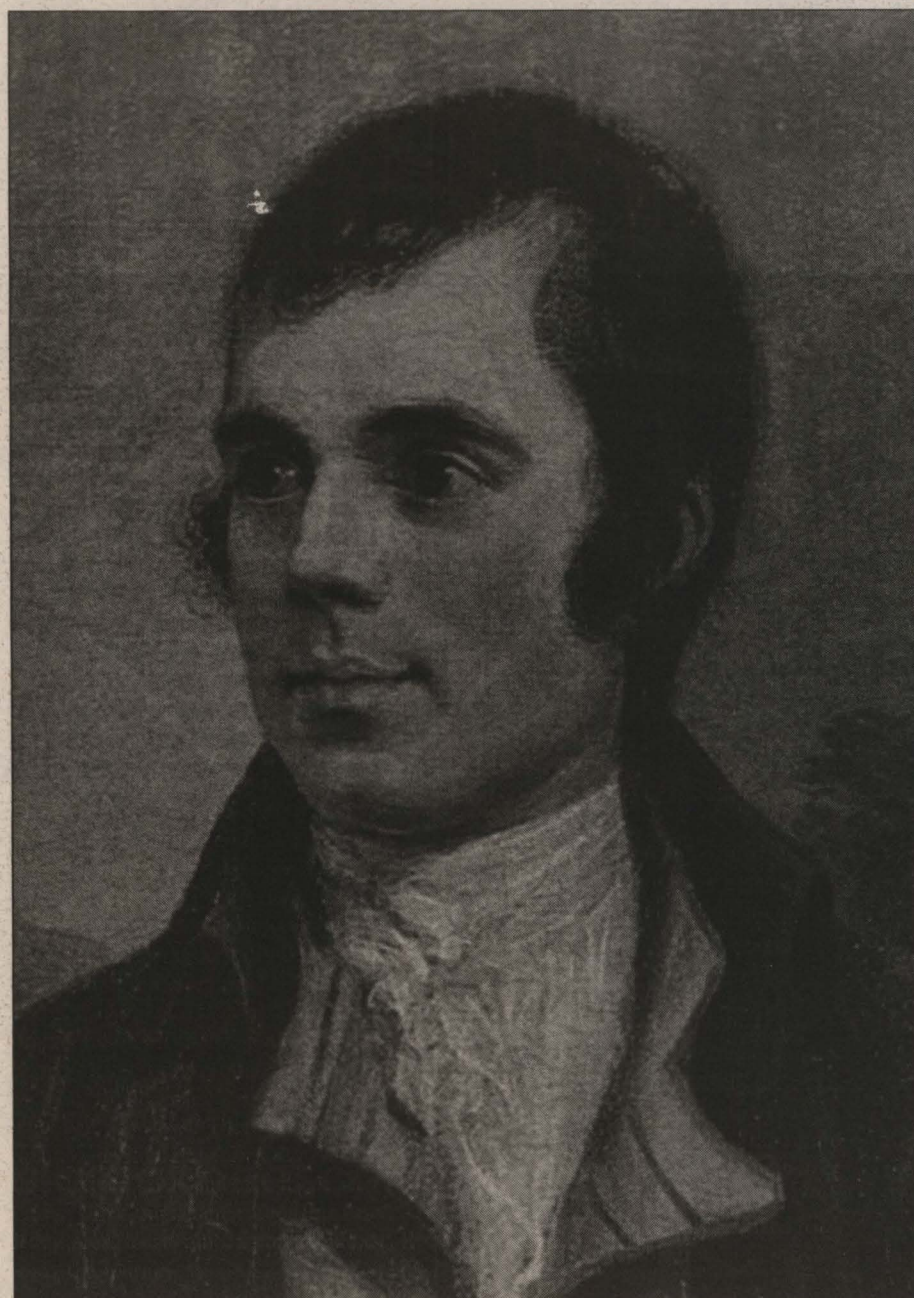
"Opera is where a guy gets stabbed in the back, and instead of dying, he sings."

"Oh, my love's like a red, red rose, that's newly sprung in June; Oh, my love's like the melody that's sweetly played in tune."

"Suspicion is a heavy armour and with its weight it impedes more than it protects."

"How wretched is the person who hangs on by the favours of the powerful."

"Suspense is worse than disappointment."



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BEAUTY INSIDE AND OUT Get fit for Haiti

By **Stephanie Trembath**, Fashion Editor

The earthquake that hit Haiti on Tuesday, January 12 left thousands dead and millions without homes. Because we aren't like Angelina Jolie and Brad Pitt, and aren't able to fly to Haiti to show our support, there are many ways to get involved locally here in Vancouver.

Fitness World and Lululemon Athletica are two companies that are offering fitness classes with all the proceeds donated to help Haiti. Lululemon Athletica is currently offering yoga classes on Sunday mornings and afternoons, with a minimum donation of

\$5 for an hour-long class. The Coquitlam Centre location held yoga classes last Sunday from 10 a.m. until 4 p.m. every hour in the mall; so if you saw girls in bright spandex stretching on rainbow rubber mats, that's what they were doing! At Fitness World spin classes are offered on Saturday mornings by donation, with all proceeds going to the Haiti relief fund.

I will be at the Fitness World across from Coquitlam Center this Saturday at 9 a.m. for my first spin class; so if getting in better shape isn't enough to motivate you, look at some pictures in *The Vancouver Sun* and go out to break a sweat for a good cause!

The sex addict, part two

The conclusion of our series discusses the biochemical activity inside men and women and why it makes women more likely to commit

By **Stephanie Trembath**, Fashion Editor

Over the weekend I was asked a really frustrating question by one of my friends: "Why didn't he call?" Not only do I not know why said person did not call, but I also happen to have dozens of other friends who have complained and stressed over the same situation. Girls spend agonizing amounts of time contemplating *why* men do the things they do, and get attached much faster. Men, on the other hand, are able to keep things at a comfortable distance and are not as emotionally (or hormonally) involved.

Lucky bastards.

Last week I discussed the first two stages of budding relationships; lust and attraction. This week I will explain the third and final stage, and why females, despite their protests, are more prone to "heartbreak".

Attachment is the third phase experienced when in a relationship with someone. Girls, even though your relationship may be purely physical with no emotional or mental connection to the person, beware! Although your mind is telling you that you do not like this person, your body will be sending off hormones that say otherwise.

Scientists believe that there are two major hormones involved in feelings of attachment; oxytocin and vasopressin.

Vasopressin is a hormone formed in the hypothalamus, with neurons involved in feelings of aggression. Recent studies show that vasopressin is released into the brain during sexual activity which support and initiate a bond between sexual partners. However, for males, higher

levels of vasopressin have been linked to aggressive behavior; which could be why so many guys are turned on by S&M role play.

Oxytocin, which has been nicknamed the "cuddle hormone," is a very powerful hormone produced in the hypothalamus of the brain. High levels of oxytocin are achieved during an orgasm and deepen feelings of attachment. Ph.D., Helen Fisher claims that "the more sex a couple has, the deeper their bond becomes".

It is debatable as to whether or not women release higher levels of oxytocin during an orgasm, but females are more easily stimulated during foreplay than during actual intercourse, which elevates oxytocin levels. Foreplay increases biological and psychological arousal in both male and females, but for women, the rush of endorphins and stimulation of oxytocin is greater.

While men are experiencing rushes of vasopressin, women are experiencing a rush of oxytocin; making the experience of sex completely different for both parties. Again, I am making a generalized statement here; not everyone reacts or interacts the same in relationships.

Some advice for girls; sleep with whomever you want whenever you want. In this day and age being called a "slut" is not only insulting, but it takes back years of feminism our grandmothers worked so hard to achieve. Be aware of your body and know how you feel in your relationships; while guys can keep it simple, we girls have way more going on inside our bodies. Just remember; drastic changes in hormone levels may occur more than just once a month!

What Recession?

World's top designers showcase their haute couture collections in Paris



Jean Paul Gaultier

By **Tanya Colledge**

Every year, the greats of the fashion world come together to showcase their couture designs for yet another season. Dior, Chanel, Gaultier, and relative newcomer to Paris, Armani Privé, displayed their creations last week of extravagant made-to-measure gowns and daywear. And although Paris Haute Couture Week may seem at odds in these uneasy financial times, it seems nothing could shield these skilled designers from their creativity.

Inspired by Dior's 1947 New Look, creative director John Galliano took on an equestrian approach this year, with models walking down the catwalk with bustle skirts, riding crops and frock coats. The wasp waist riding jackets displaying Dior's familiar exquisite tailoring, and attention to detail, foreshadowed what could mean the search for the perfectly fitted jacket in ready-to-wear this upcoming season. Jodpurs, knee-high boots and top hats completed Dior's Spring/Summer look, with Galliano dressing the part himself for the finale.

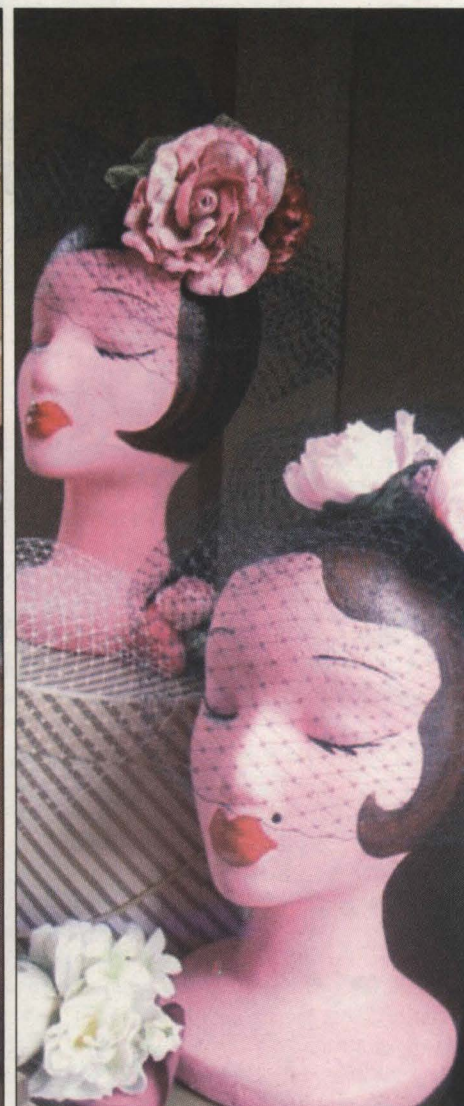
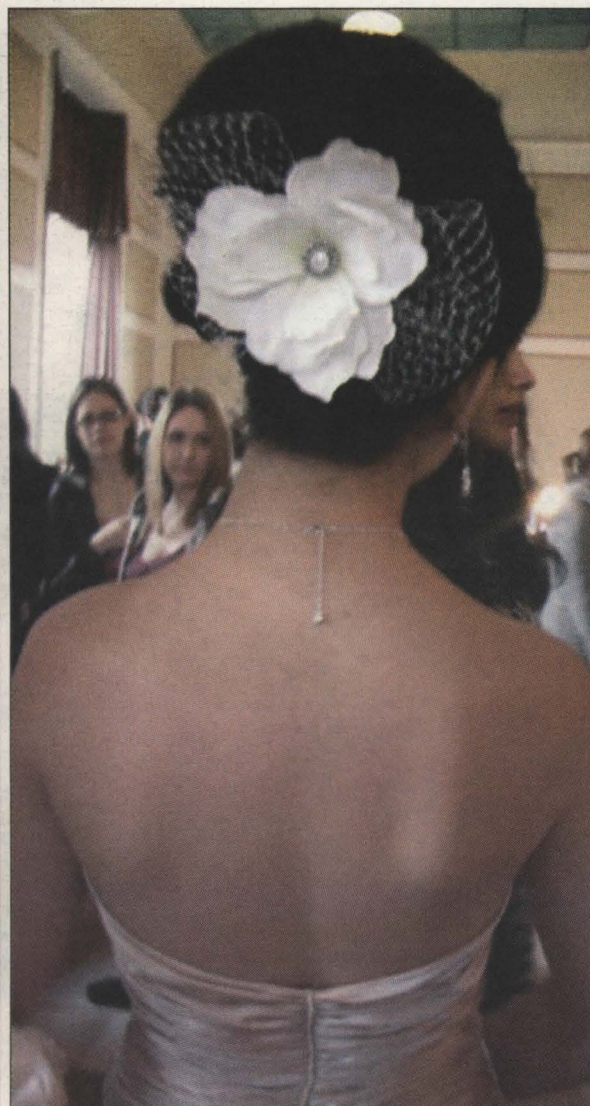
From galloping horses, to shimmering fabrics, Giorgio Armani Privé showcased simple and structural

shapes this season. Inspired by the moon, Armani's models took the runway in pearlescent creations; encrusted with crescents on their jackets, necklaces and even handbags.

Karl Lagerfeld turned Chanel's signature ultra-feminine look into what was one of his finest collections in years. Fit with Lady Gaga inspired hair-dos, the line described as "neon baroque" by the designer displayed a palette of pastels and soft metallic; a change from Lagerfeld's usual trademark black. Cream, ivory and soft grey suits stood as testaments to the wear-ability and desirability of this year's Chanel.

But the true gem in Paris this week came from designer Jean Paul Gaultier whose Mexican theme was inspired by Mel Gibson's 2007 movie *Apocalypto*. Pulling inspiration from ancient civilizations such as the Mayans, Incas, and the Aztecs, Gaultier staged an entertaining show with a wonderfully vivid array of colours, basket-weave leather and fringe. In his strongest collection in several seasons, Gaultier displayed pantsuits, cocktail dresses and gowns breathing much needed life and joy into today's recession recovery.

Indie I Do gives Vancouver a contemporary wedding show



By **Stephanie Trembath**, Fashion Editor

Burlesque dancers, vintage jewels, nipple tassels, and beehive hairdos are not among the things you would find at a traditional wedding, but at Vancouver's first "Indie I Do" wedding show on Saturday, January 23, hundreds of couples showed up to see the latest trends and innovative ideas for their upcoming weddings and bachelorette parties. Heritage Hall was bursting with colour as various independent Vancouver-based companies set up shop and presented their eclectic ideas and funky fashions for 2010 wedding parties.

Handmade jewellery by BlueBox designs showed off delicately spun mesh cuffs in gold and silver, while designs by Melanie Hull featured vintage locket necklaces painted with pink and white flower petals. SmartTart Designs, a Vancouver store which specializes in pieces for both the "shy violet" and the "tiger lily," showcased a wide array of feathered hair clips and flower and lace head pieces in vibrant and neutral tones.

Pieces that can be worn at a wedding party or a night out on the town, SmartTart and Bluebox designs proved how easy it is to make your own jewels and how classy vintage can be.

In leading away from the traditional white tiered wedding cake, April Cakes and Coco Cakes both sampled their most flavoured and favoured creations

"Acting as a beauty parlour and hairdressing salon, the East Vanity Parlour girls demonstrated how easy it is to do numerous different up-do's, including the beehive. Taking less than three minutes to do, and only using bobby pins and hairspray, the modern beehive looked incredibly retro-chic, and nothing like Marge Simpsons."

in mini bite-sized tasters. Both catering services offer and recommend cupcakes for their wedding parties, as it is cheaper and easier to serve. From Coco Cakes, a tiny icing duck couple stands in place if the bride and groom; making the tiny top piece more playful than the usual wedding tier.

East Vanity Parlour and ladies from the Screaming Chicken Theatrical

Society continued to shock and please the mingling crowds when they set up a burlesque stage and put on a show each half hour. The buxom babes danced, stripped, shimmied, and teased the audience right down to their knickers and naughty lingerie; which certainly stripped away any pre-existing conservative ideas. Acting as a beauty

parlour and hairdressing salon, the East Vanity Parlour girls demonstrated how easy it is to do numerous different up-dos, including the beehive. Taking less than three minutes to do, and only using bobby pins and hairspray, the modern beehive looked incredibly retro-chic, and nothing like Marge Simpson.

Last but definitely not the least, was the wedding gowns; simple and stunning

with delicate veils and lace. Girls in all shapes and designs wandered and posed; parading in wedding dresses that were beautifully handmade and surprisingly affordable. Gowns by Caroline Calvert Couture presented eco-friendly fabrics that are exquisite in style. Elegant, strapless and seamless, Calvert Couture features streamlined gowns with splashes of color and flirty flowers. Long sashes encircling the waist in pale pinks, purples, and blues, make it "easier to tie in with the bridesmaids dresses;" if you want your bridesmaids to look good that is.

Although Vancouver's "Indie I Do" wedding show was aimed for planning future weddings, the assortment of accessories, lingerie, and jewels on display were defiantly pieces that may be worn without the white gown, and made a definite fashion statement. Fun for contemporary weddings this year, or worn just to look fabulous and unique all on your own, Vancouver's indie wedding show provided a more liberal taste of fashion.

Canucks mid-season awards



By Garth McLennan, Sports Editor

With the NHL season just a little way (well okay, maybe more than just a little) past the half way point, that brings *The Other Press* to its second annual Vancouver Canucks mid-season awards.

Team MVP: Henrik Sedin

No question here, Hank has exceeded everyone's expectations and has proven beyond a shadow of a doubt that Mike Gillis made the right move when he decided to retain the services of Henrik and his brother Daniel during the summer at what new seems like a very reasonable \$6.1 million per season for the next five years.

More than any player in the entire NHL, Henrik has dominated whenever he steps onto the ice this year. His passing talents are better than ever and he's coupled that with previously unused shooting skills that have seen him already eclipse his career best 22 goals before this year, and we still have just less than half a

campaign to play.

Just to emphasize it all, Henrik leads the league in points (74 at last count), even strength points, points at home and is second in the NHL in shooting percentage and points-per-game. Despite all of this, he's not even in the top 40 among forward ice time and is top-five in plus/minus. Pretty freaking good.

Runner up: Daniel Sedin

Yes, Roberto Luongo has been very, very good this year, but much like his brother, Daniel has taken his game to another level this year, and if he hadn't missed 18 games with a broken foot he'd be right in the running with Henrik for this award. The chemistry between the Sedins and Alex Burrows has been off the charts, and that's the main reason for Vancouver being among the league leaders in goals scored, which no one saw coming. Daniel is third in the NHL in points-per game, just behind Henrik, and has dominated the opposition this year.

Best Defenseman: Christian Ehrhoff

Not only has Ehrhoff been far and away the best defender on Vancouver's blueline, he's been among the best in the whole NHL. All season long the upcoming Olympian for Team Germany has been leading the league in plus/minus, only just recently overtaken by Alex Ovechkin. He's been everything that Mike Gillis could have possibly hoped for when he acquired the 27 year old from the San Jose Sharks in the summer; quarterbacking the power play (which has rocketed to fourth best in the NHL), sitting third in the league in goals among defenseman, becoming a stalwart on the penalty kill and leading the team in minutes played with Alex Edler in the absence of Kevin Bieksa, Sami Salo and recently Willie Mitchell due to injury. Getting all of this for \$3.1 million per season, Gillis may have brokered the biggest steal of the summer.

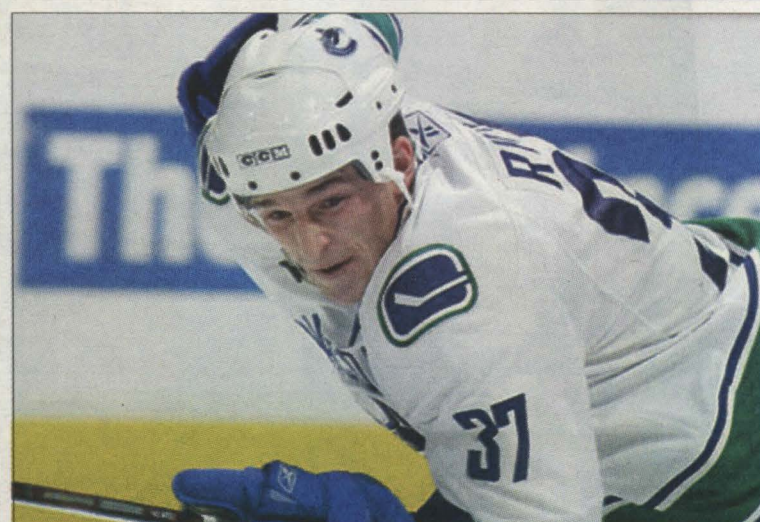
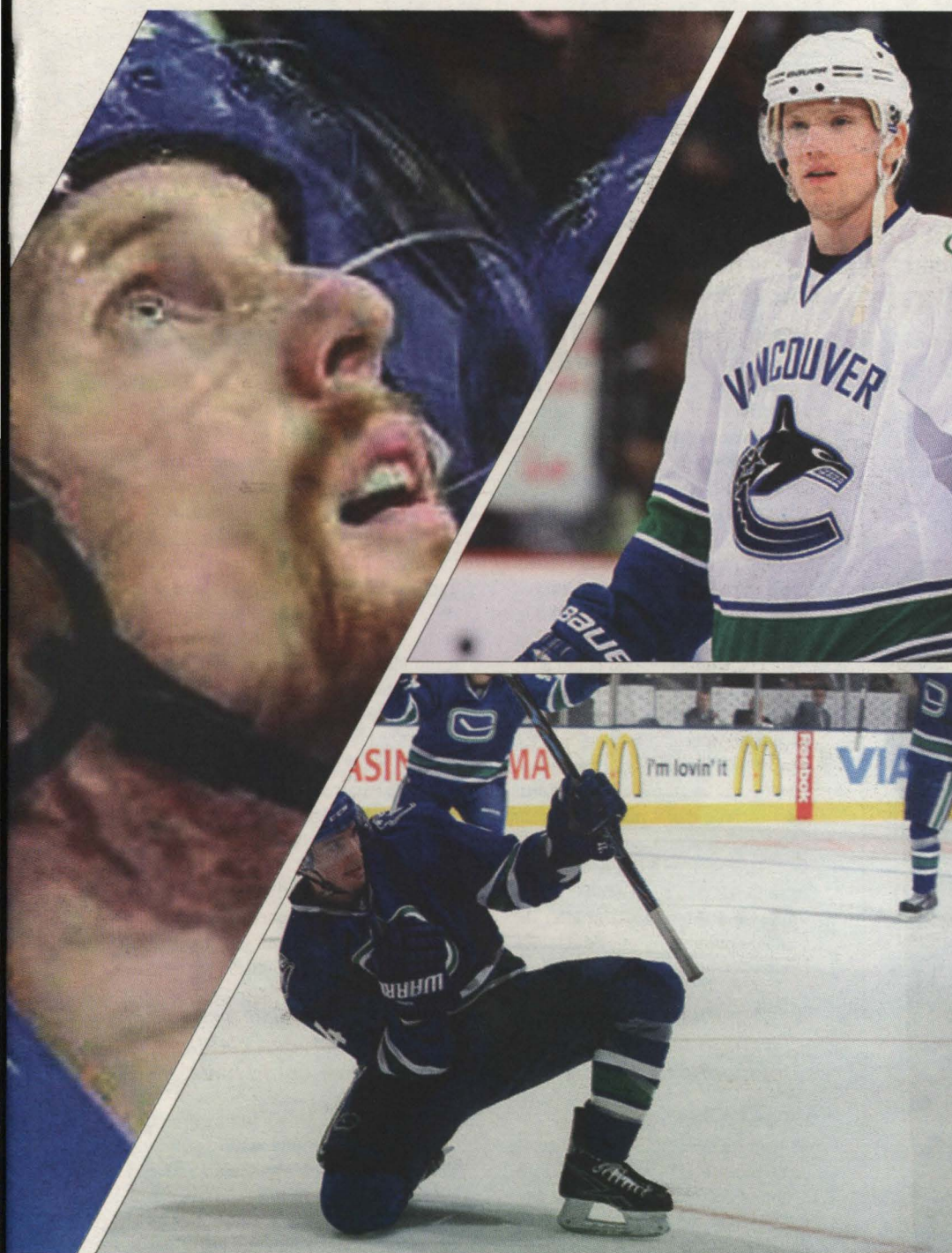
Runner up: Alexander Edler

Since getting the call to step up when more experienced Canucks' D-men went down to injury, Alex Edler, 23, is finally

starting to fully earn the \$3.25 million he pulls down each year. He's been a jack-of-all-trades for Alain Vigneault, playing both the right and left points, getting nearly 27 minutes of ice time per game since the injuries and anchoring the penalty kill and power play. Yes, his goal production could be better, but he's invaluable in other areas.

Best surprise: Christian Ehrhoff

It isn't just that Ehrhoff has been the best defenseman on the Canucks by a mile and a half, it's that he's taken the relatively modest expectations almost everyone had for him when he was picked up in the summer and driven a truck through them. When Ehrhoff was dealt for, he was supposed to complement Vancouver's veteran blueline, not lead it. He was supposed to chip in some offense with limited minutes that would seek to hide what was perceived to be some defensive deficiencies. After all, Ehrhoff was a less-than-stellar -12 last year, so he was thought of as one of those high-risk guys



who would have to be covered for. Well, it turns out that wasn't the case. Ehrhoff has shocked everyone by leading the NHL in plus/minus for the bulk of the season and hasn't sacrificed any of his offensive game in doing so. In fact, he's on pace for a career year in points and already has one in goals.

Runner up: Rick Rypien

Rypien hasn't blown anyone away on the stat sheets, but it's his ability to stay healthy, take a regular shift and beat the living crap out of anyone in the league that has everyone pleased with his play this season. After playing just 12 games last year and only 36 in the last three campaigns, eyebrows were raised when Gillis inked him to a two-year contract extension in the summer. Now though, he's already exceeded that total and has been taking on, and beating, the biggest and best fighters in the league. No highlight was more inspiring than Rypien's tilt with 6-foot-7 behemoth Boris Valabik of Atlanta. The two battled for more than a minute before Rypien

took him down.

Worst surprise: Kyle Wellwood

After taking the team to salary arbitration and receiving a pay bump to \$1.2 million this year, all Wellwood has done since then is make Vancouver fans thankful it was only a one-year deal.

Hopes were high for the 26 year old heading into this year. He showed up to camp in good shape and was looking to build on his career-high 18 goals from last year and a strong post-season.

Instead, he vanished off the face of the Earth. It took him 21 games to finally notch his first goal of the season, and that was an empty netter. He's played himself into the press box on some nights while he's shown signs of coming out of his shell from time to time, five goals are not even close to good enough.

Runner up: Cody Hodgson

The next Trevor Linden. Franchise saviour. Consummate leader; Those were the tag lines being applied to Vancouver's first-round pick, 10th overall, from 2008.

Not: Returned to junior. Never ending back ailments. Zero games... anywhere. Hodgson went from being the team's golden boy heading into training camp to getting filed into the "Who?" folder after a series of back injuries that haven't healed. First he got cut from the Canucks. Then he never made it back to the Brampton Battalion of the OHL, and then he missed the World Junior Championships. Now, there's word that he could be done. Not good.

Biggest heart and soul guy: Alex Burrows

No one has energized the team and the city quite the way that Alex Burrows has. The fiery 28 year old took a hometown discount in the summer to re-sign with the Canucks for the next four years at just \$2 million per year.

In recent weeks he's been named the NHL's player of the week and has basically gone crazy in the points department. Back-to-back hat tricks, an 11-game point streak and defending

his team's pride and honour against a vengeful referee have all been part of the year for Burrows since taking the team by the throat on New Year's Eve. The Canucks have soared up the standings since.

Runner up: Ryan Kesler

Every game it seems, Ryan Kesler takes one for the team. Whether it's a vicious slash, taking a puck to the ribs or getting clipped with a stick, it all seems to happen to Kesler on a regular basis. Despite his almost magnetic attraction to those annoying incidents, Kesler hasn't missed a single game this year.

He's shown a driving desire to win, and when the Canucks lose, be somewhere else. After Vancouver dropped a crushing shootout decision to the Phoenix Coyotes, Kesler responded by redecorating the walls outside the dressing room with his stick. On the ice, he's just as passionate. No one fights harder or battles more to win pucks and stand for his teammates.

Knowlton Knows

Apple iPad an industry all-star with a bargain bin name

The latest Apple product is hailed as "magical" and "a revolution." But who the hell named this thing?



Knowlton Thomas



2009 was the year of hype for Apple; never had one of their products garnered so much attention prior to its unveiling. Not the Macbook Air, nor the Apple TV. Not even the iPhone. The rumour mill spun constantly and consistently, spouting out predictions on everything from its size and price to its release date and software specialties. Finally the moment of truth came in late January, and it was born... the iPad.

Unfortunately, that is not a typo for Apple's famous music device, nor is it an interpretation of a thickly accented American's exaggerated mispronunciation. It is, in fact, the latest creation from Apple; a multi-touch screen tablet that serves as an app-based Internet surfer.

The name is a tragic distraction from the device's intended impression. About an hour after the official announcement of the tablet's release, "iTampon" was a trending

standard?), the iPad has been identified as magical. "When something exceeds your ability to understand how it works," says Jony Ive, Senior Vice President of Design at Apple, "it sort of becomes magical. And that's exactly what the iPad is."

If there is any magical quality attached to this device, it's the multi-touch sensors—with well over a thousand of them dispersed grid-style on the screen, the precision and accuracy with which the iPad responds to your one or many fingers is no doubt the finest consumer-ready touch technology available on the market today. And if there is anything revolutionary about the device, it has to be the iBookstore. Coming off the success of the iTunes store and App Store, iTab's new bookstore makes thousands of eBooks (or iBooks, as Apple prefers to label them) readily available for instant purchase and download. You can then read them right on the tablet with the same

"Are there any women on the Apple team? It seems as though the iPad was named by a group of men clearly oblivious to the implications such a name could have."

topic on Twitter. Are there any women on the Apple team? It seems as though the iPad was named by a group of men clearly oblivious to the implications such a name could have. It's not as though they were tight on choices: iTab and iTablet come to mind in an instant, and either would serve better. Hopefully they recognize the criticism and give the next generation a name change like they did with the eMac and iMac.

That aside, it's a strong product release for Apple. With a screen nearly 10 inches in diagonal length, the iPad closely resembles a stately, oversized iPhone or iPod Touch. Apple claims to have recreated all of their core apps to function especially well for the tablet, with improved multi-touch interaction and more features that a larger screen has now enabled. And all third party apps that function on the iPhone will function on the iTab fresh out of the box, a tremendous feat considering there are more than 140,000 apps.

Steve Jobs and co. had no trouble conjuring up some strong adjectives to describe the iPad. On top of it being revolutionary (what Apple product isn't by their

quality as an Amazon Kindle.

This raises an interesting point. The iPad starts at a reasonable \$500 US for the 16GB, Wi-Fi model. And although it reaches a hefty \$800 for the 64GB model with 3G capabilities, that is irrelevant to other eBook readers. Amazon's comparative 10-inch Kindle costs just 10 dollars less than the base model iPad. And the Kindle doesn't boast rich video and game-ready graphics and tens of thousands of interactive apps that stretch the vast expanse of the entire apposphere. Apple has effectively disarmed Amazon from any grip it held on the eBook reading market without bearing any actual focus on eBook reading. Checkmate Apple.

All in all, it's a pretty device with the potential for amazing functionality—both for business and for casual hobbyists. It also won't empty your wallet, which is generally the main concern with Apple products for most consumers. If you possess an iPhone, will you want this? Probably not, at least not immediately. But it offers a nice change from laptops and desktops and pushes the boundaries of computer technology.

Fair Trade, Certified Organic, Watershed Stewardship Council... what do these certifications mean?

Transparent certification is a must



Trevor Doré
opinions editor

A plethora of environmentally sustainable and socially responsible certified consumer products are currently on the market. Certified products can be rare and hard to find and many of us might not even know that they exist. Multiple industries implement certified product labelling to signify a certain standard of production and to guarantee a certain level of quality and transparency to their customers.

These certifications are intended to give consumers some piece of mind, allowing them to enjoy a product knowing that it has been ethically produced. Often times these are products that we would normally have purchased and for a couple of extra bucks we can insure that our purchasing decisions have minimal impact on the environment and little social impacts in the communities from which the products are derived.

Most people are at least vaguely familiar with some of these certifications. Fair Trade, for example, ensures that a product with the recognizable fair trade logo is fairly priced, directly traded, environmentally sustainable and produced under fair labour conditions.

Another familiar certification is certified organic. This is probably the most popular certification yet the most vague. While there are various organic certifications and parameters, it usually implies that the product has not been sprayed with chemicals, genetically modified,

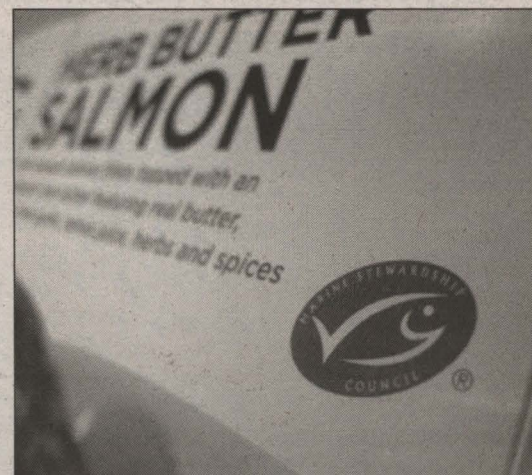
grown in contaminated soil and that the whole process is routinely inspected. Often times, these certified products are priced slightly higher to reflect the quality and process that each product is held to. As a consumer, you essentially have to take the word of the certifying company or organization.

The Marine Stewardship Council (MSC) is a "global organization that works with fisheries, seafood companies, scientists, conservation groups and the public to promote the best environmental choice in seafood." According to their website, "they recognize and reward sustainable fishing." Considering that many of the fisheries around the world have been plundered and over fished, this is a serious undertaking. When a seafood product is MSC certified, you are supposed to be able to rest assured knowing that you are consuming a sustainable product.

"Is sustainable certification becoming simply another form of green washing?"

Unfortunately, the MSC has recently certified B.C. sockeye salmon. For those who don't know about the current state of sockeye in B.C. this may come as no surprise. The fact of the matter however is that B.C. sockeye salmon are currently under a federal judicial inquiry, which hopes to get the bottom of their near disappearance this summer. Many B.C.-based environmental groups have opposed the certification, at least until the end of the judicial inquiry. The MSC has set the gold standard for environmental certification. According to them, part of the certification process is an ongoing audit and to wait for the end of incoming information would be an endless process and essentially nothing would ever be certified.

So this raises the question, is sustainable certification



becoming simply another form of green washing? While I am by no means accusing the MSC of green washing, incidents such as this definitely affect their credibility and cause consumers to question the accuracy of other certifications.

In the end it comes down to the consumer. Most of us lead busy lifestyles making it virtually impossible to research every product we consume in order to find out if each product is truly environmentally sustainable and socially responsible. We rely on these organizations to provide a certain level of transparent certification. We should be able to purchase a product that is certified and know that it is what it claims to be.

We need to demand these products and demand that the labelling be done fairly and transparently. Companies cater to customer needs and therefore, we as consumers can make a difference for "what we collectively choose to buy or not to buy can change the course of this planet."

Who's the real poor sport?

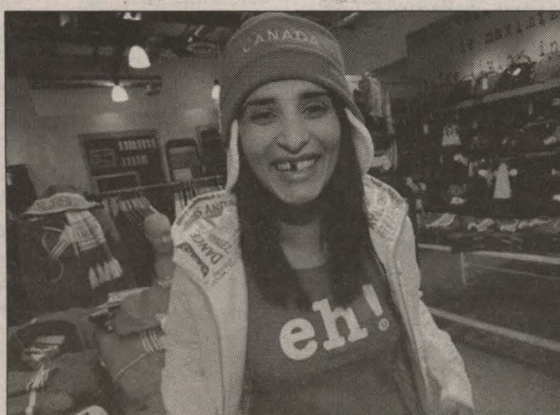
Lululemon's new line promotes patriotism

By Jessi Raechelle

When it comes to its new marketing campaign, Lululemon sure knows how to generate media attention (good or bad). This winter they were once again able to grab the attention of the public with their new winter athletic wear, which slightly resembles Olympic gear. Needless to say, this new line did not go unnoticed by VANOC, the official Olympic organizers.

This new clothing line is called "Cool Sporting Event That Takes Place in British Columbia Between 2009 and 2011 Edition." It consists of toques, scarves, mittens, t-shirts, hoodies, and a hockey helmet with tooth blackener—a fun gift for any hockey fan. The clothing line colours represent the national colours of Canada, the United States, Sweden, and Germany. These are the four countries that are believed to bring the most international travel to the Vancouver area during the Olympics. To add a nice little touch to the line, the Canadian hoodies are finished with gold zippers while the United States hoodies have silver ones. The gold zipper is said to be symbolic of the Canadian Loonie that was imbedded in ice when Canada won against the United States in the 2002 men's gold medal hockey game.

As most can imagine, this new marketing campaign did not sit well with the power-hungry bullies we know as VANOC. When VANOC caught wind of this new



clothing line they immediately retaliated by publicly rebuking Lululemon. Olympic officials accused Lululemon of lack of sportsmanship. Isn't this a case of the pot calling the kettle black? Perhaps Lululemon's attempt to profit from the Olympic Games without being an official sponsor portrays a lack of sportsmanship. However, their public scolding shows that VANOC has a little to learn about good sportsmanship as well.

Eric Peterson, Lululemon's spokesman, claims that the line was intended to promote patriotism and all sporting events in 2010 including the World Junior Hockey Championships. Peterson also stated that if Olympic officials were upset with the new line, they

were more than willing to sit down and discuss the objectives behind it. Instead, VANOC simply lashed out at Lululemon. Lululemon's new line threatens the power that VANOC holds. Intimidated, they retaliated in a hasty way.

VANOC quickly tried to redeem themselves by claiming to take the high road and not pursue legal action against the so-called "poor sports." However, Lululemon did their homework to ensure that in no way was their new clothing line an infringement on the laws set in place to protect the Olympic brand. VANOC is not "taking the high road," they simply have no other options because Lululemon has held themselves to the letter of the law.

I applaud Lululemon for their strategic efforts in bringing out a clothing line that represents team spirit and national pride. With gold zippers that resemble previous victories and red tee shirts that say "eh", it's hard to argue that national pride wasn't one of the key components behind this line. And because there are no dates anywhere on the clothing, you can wear your toques and hoodies to represent Canada in Olympic events for years to come. Rest assured, there will be another "cool sporting event taking place in British Columbia between 2009 and 2011" that you will be able to sport your hoodie to in an effort to show your national pride. Might I suggest rocking the Canadian hoodies at the Whistler Cup, an international ski event held this April?

Making your resolutions work

Why such pressure to make a change on January 1?



By Trevor Doré, Opinions Editor

So it's been a month since you made the big New Year's Resolution. Have you been true to it? Are you still going hard at the gym? How about those cigarettes? If you're still going strong, I give you props. Keep up the good work. If you have slowed down or even completely done away with the New Year's resolution don't feel so bad because chances are you're not the only one.

There are many reasons New Year's resolutions don't work. Many New Year's resolutions are made at the very last minute and some after half a bottle of bubbly. They are simply thrown together in a fit of desperation to do the right thing. The first of January rolls around and you plan to start fresh. The problem here is that the cold turkey approach doesn't work for everyone. We often make resolutions to stop doing things or change things that we don't like about ourselves but most of the time don't necessarily want to stop doing.

Therefore, it's important to ask yourself some questions when formulating a resolution. Why are you making this resolution? Is it because someone else thinks you should make it or do you truly believe that it will help you achieve your goals? Are you prepared to invest the energy to make it work? What do you want to get out of it? If there are multiple vague answers to these questions, chances

are your resolution needs some refining. It is crucial to ensure that your resolution lines up with your values.

Writing your resolution down helps. Outline the details. Setting daily, weekly and monthly goals helps keep you on track. A resolution shouldn't be a part-time change but more of a lifestyle change. Major lifestyle changes don't happen over night and it is crucial to keep this in mind. A successful resolution will be reached on step at a time. Setting goals and rewarding yourself along the way will make the journey enjoyable.

Get your friends and family in on it. If you have a friend who is looking to make the same change, work together. It will make the whole process easier, more successful and more enjoyable.

In the end, if you have quit and are feeling poorly about, go back and review your resolution. Why did it fail? Perhaps it wasn't accurate or refined enough? It's always good to go back on your goals and make sure that they still line up with your overall direction in life. Just because it's only one month later and you have already fallen off the wagon doesn't mean you can't pick yourself up and get back on. Really, what's so special about January 1 anyways? There are 364 other equally qualified days. Just remember, set clear defined goals and take it one step at a time. Most importantly, focusing on a destination doesn't mean you shouldn't enjoy the journey.

Streetcars make a very temporary comeback



By Trevor Doré, Opinions Editor

As many may know, the City of Vancouver has partnered with Bombardier to bring two streetcars to Vancouver for 60 days during the Vancouver 2010 Olympics. The City of Vancouver invested \$8.5 million to update 1.8 kilometres of rail line between Granville Island and the Olympic Village. At the end of the sixty-day demonstration period, the line will be decommissioned and the trains, which are on loan from Brussels, will be sent back.

As tempted as I am to go on a rant about this being the perfect example of how the Olympics are simply a big money-squandering sham, I'll do my best not to.

Streetcars are an appealing form of sustainable transportation, which is why they have been brought in to demonstrate sustainable transit development and to gauge the future potential of a streetcar line in Vancouver. I find this very ironic considering that it wasn't so long ago that Vancouver had a fully functioning streetcar line. Unfortunately, in the 1950's, the streetcars were retired to make way for cars and buses, "the future of transportation." A streetcar line works in Vancouver—this has already been proven. There is absolutely no need for an \$8.5 million demonstration to prove this.

The city of Vancouver will no doubt have to eventually *re-adopt* a streetcar system in the future if it hopes to fill the shoes of "greenest city in the world;" however, an \$8.5 billion demonstration that will cease to exist after the Olympics is a complete waste of money.

Overall, public transit needs to be upgraded and improved throughout Metro Vancouver. While some may argue that \$8.5 million is hardly enough money for any significant transit infrastructure, I am willing to argue that given the current state of TransLink and our public transit system, any amount of money would help. Funding is needed in order to bring rapid transit to the suburbs and to the Fraser Valley. Of all the municipalities in Metro Vancouver, Vancouver is already the best served by public transit, this is obvious. Instead of spending money on a temporary 1.8 kilometre streetcar line, the money could have been used to expand and upgrade current transit projects in areas with less transit service. I guess that wouldn't have had the same impact on all of the tourists.

Hopefully when and if the streetcars ever become permanent, they will run from UBC all the way to Mission. Until then, we should focus on expanding Sky Train and developing a better transit system throughout Metro Vancouver and into the Valley.

A gunslinger until the bitter end

Brett Favre's interception may have ended his Super Bowl dreams, but it couldn't have happened any other way

By Liam Britten, Editor in Chief

The final pass of Brett Favre's first season as a Viking could have been a microcosm for the man's entire career.

The Minnesota Vikings, tied with the New Orleans Saints 28-all in the NFC Championship game, were at the New Orleans 38-yard line, just out of range for a Ryan Longwell field goal. All they needed to do to get in range for that kick was maybe five or six more yards; they were on third down and 15 to go, but the first down wasn't necessary. With only seven seconds left on the clock, that field goal, if good, would have all but assured Minnesota's victory and earned them a fifth trip to the Super Bowl in Miami.

As the play developed, New Orleans' defence made what seemed a fatal mistake—they figured Favre would go for the pass and left a massive opening for the former Packer, who had rolled to his right, to make a run for at least five yards, perhaps as many as eight to ten. All Brett Favre needed to do was go for that safe play and he would appear in his first Super Bowl since 1997. He would earn his chance to go out on top, prove the doubters wrong and make his controversial comeback a total success.

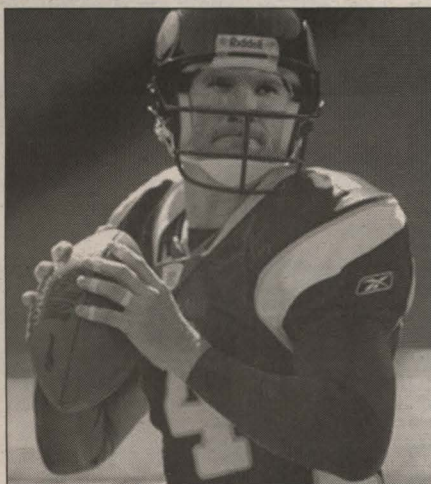
But that's not how Brett Favre operates. In his mind, a "safe play" involves throwing to a young receiver (Sidney Rice in this case) in heavy coverage, against the grain, halfway across the field.

So he made the safe play. And cornerback Tracy Porter came up with an easy interception for New Orleans, sending the game into overtime and earning New Orleans their first Super Bowl appearance ever.

Analysts were shocked after the fact. Brett Favre had only coughed the ball up seven times all year, a career low, and it seemed the Minnesota Favre had finally kicked the bad habits of the Green Bay Favre, who was at times a gunslinger and a gambler at the worst possible moments.

But his improvements this season were illusory. Of course he threw a low number of interceptions—in 18 years of play, this year saw him throw his fourth-lowest number of pass attempts (531) because this year saw him teamed with the league's most dominant running back in Adrian Peterson. In all his years in Green Bay it was pass offence all the way, so when he finally got a ground game that could be relied on for big plays game-in-game-out, of course he's going to be throw fewer picks.

But against New Orleans, he got



careless, or maybe just restless. But either way, he decided he had to put the game on his shoulders and make the big play when it simply was uncalled for. In a way, it reminded me of his worst qualities while playing for Green Bay. When adversity faced him, desperation and frustration would set in, and he felt the need to do it all himself. In fairness, he made it work more times than not; that's why we Green Bay fans loved his high-stakes play so much, and were willing to forgive the occasionally selfish miscues he was prone to. But when Brett Favre screwed up, it was usually just as dramatic as his successes, as evidenced by this championship game.

I was among many who were shocked when Favre decided to make the move to Minnesota after his forgettable season in New York. I figured he'd make the safe play; retire as the league's leader in touchdowns and passing yards (and of course, interceptions) and then wait for his inevitable induction in the Hall of Fame as a Packer and his veneration as the Jesus of Wisconsin.

But let's not forget, Brett Favre doesn't define a safe play the way the rest of us do. For him, taking his 40-year-old, beaten-up body to play for one of his strongest rivals for one more shot at Super Bowl glory was a safe play, and damned if he wasn't close to making that play work.

I won't lie and say I was rooting for Brett to succeed—hell, I'm a Pack fan; I don't hope for anything good to happen to the Vikings, ever—but I could see why so many people were in his corner. After all, he was just doing what he's been doing his whole career: taking huge a gamble to get that big play. We loved him for it back in Green Bay and we probably shouldn't have been so surprised to see him try it one more time.

But if that guy puts us through nine months of "will he or won't he" over retiring, he's dead to me.

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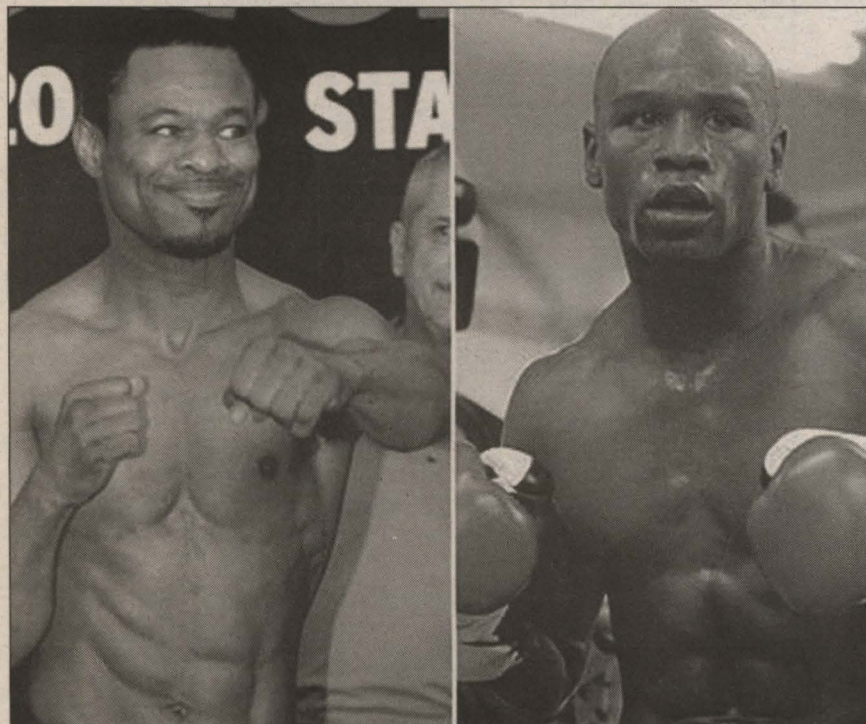
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Mayweather makes the right move



By Garth McLennan, Sports Editor

Well, Floyd Mayweather versus Manny Pacquiao might not be in the cards for the foreseeable future, but at least we'll get to see one hell of a show in its place. The announcement was recently made by Golden Boy Promotions that the undefeated Mayweather will battle with 38-year-old icon Shane Mosley.

Mosley has been chasing Mayweather for years now, and it's about time that the two of them finally meet. It is equally nice that in the stead of Mayweather vs. Pacquiao, which when it happens will be the biggest fight of all time, at least financially, we'll get to see a first-class bout. Whereas Pacquiao has already scheduled a fight with Joshua Clottey, a guy who, while a capable fighter, doesn't have anywhere close to the star power that Pacquiao (or Mayweather) does and who has already lost to Pacquiao's last victim, Miguel Cotto. That makes for a less than suspenseful fight without much drawing power.

With Mayweather though, he stepped up after things fell through with Pacquiao and chose the next best thing in Mosley. Sugar Shane has proven many of his critics wrong who have said that he's long past his best before date. He's one of the most famous and best welterweights of his generation and for a time was second only to Oscar de la Hoya (who Mosley has beaten twice in his career) as the most popular boxer on the planet. He's got the star quality and the ability to make people whip out their credit cards to order the pay-per-view on almost at the same level

as Mayweather does.

Mosley has lost just once in the last five years, and that was a hard-fought decision to, at that time, an unbeaten Cotto. Yes, he's 38, but in his latest fights against the disgraced Antonio Margarito and Ricardo Mayorga two months before that, both of which were big knockout wins, Mosley more than proved that he's still got it.

Here's the rub that Mayweather critics will pounce on (as they always seem to do). When Mayweather-Mosley goes down sometime in March, it will have been a full 14 months since Mosley's last fight, against Margarito. It can be hard for an athlete, *any* athlete, to come back from that kind of long layoff, especially at 38 years old. Mosley is exceptional though, and regardless of his time away from the ring, he's got the charisma to make this fight work, and more importantly, sell this fight. If Mayweather is the best talker in the game, then Mosley is a close second. Both have done work in entertainment outside of boxing (Mayweather with several appearances in WWE, Mosley acting in the T.V. show *Las Vegas*), and both can be absolutely hilarious when they want to be.

If Mayweather wins, and I think he will, he'll be one step closer to proving that he is not only the best pound-for-pound fighter alive today, but maybe of all time. Even if he does defeat Mosley though, all roads lead to Manny Pacquiao before he finally gets the credit he deserves.

Get geared up, this should be entertaining no matter who wins.



Synchronized diving



By Garth McLennan, Sports Editor

Now, while it is normally true that the world's greatest sporting event is the Olympic Games, there's also no question that the Olympics are home to some of the most befuddling "sports" anyone has ever seen. One of those I'm talking about is synchronized diving.

Now, if you've ever seen the people who do this in action, it's quite the sight. I don't think anyone would disagree with their ability or the hours and hours of practice and work that has to go into perfecting the moves they pull off in pretty much perfect unity. To be able to perform complex and truly spectacular aerial manoeuvres in dead synch with another person while diving off of a ten meter platform obviously takes a tremendous amount of skill, and it is clearly a superb athletic achievement, but does that necessarily make it a sport?

I suppose technically, you would have to say right away that yes, synchronized diving is indeed a sport since it's classified as one by the IOC and in the Olympics. Alright, that may be true, but let's look at this from a more practical standpoint. Most, but not all, more widely acknowledged sports require a variety of skills and abilities that are quite common, running in football or skating in hockey say, meshed with other skills and abilities to create a unique activity. Football,

hockey, baseball and swimming are all good examples. With synchronized diving though, the skills and talents needed are so polarized and so far removed from everyday life that it's hard for people to connect and get into it.

Being able to do two reverse back flips while turning 720 degrees is certainly impressive, but it is also something that the vast majority of people couldn't even fathom doing.

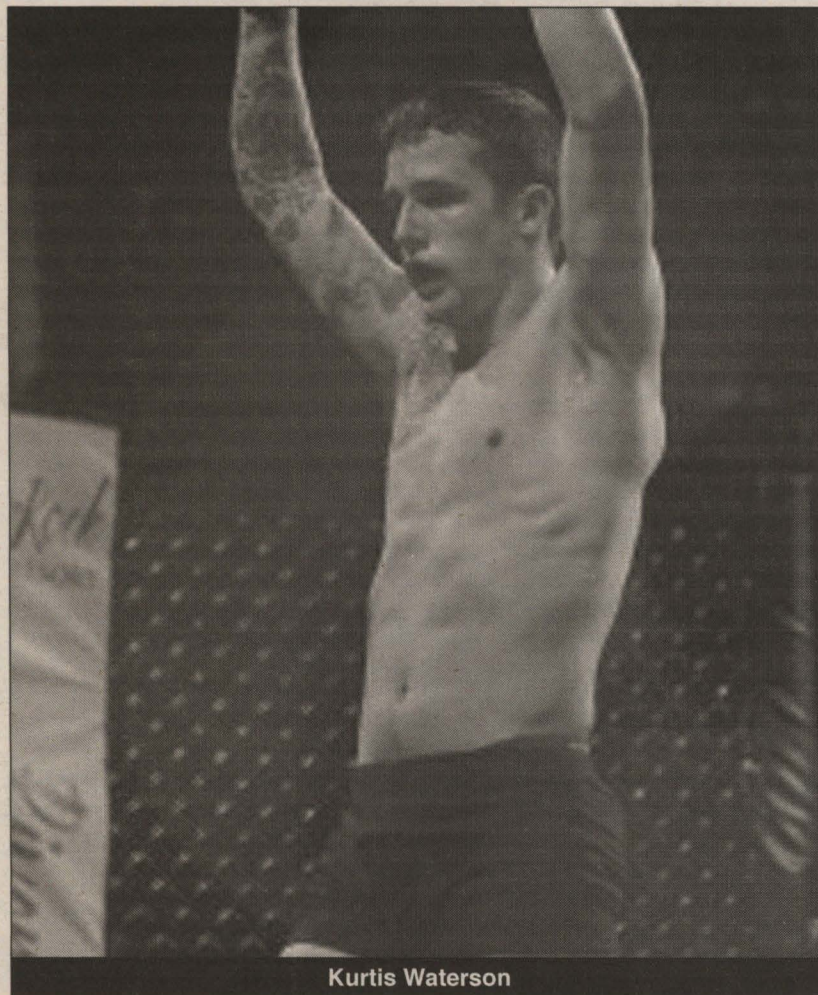
And while this doesn't disqualify it from being a sport, there's also the fact that before and after the Olympics (and maybe for most people, even during the Games) I don't know a soul who actually cares about synchronized diving. Now, that's a negative by-product of a number of Olympic events, but it's true. I mean, when was the last time you heard any water cooler talk about the synchronized diving world championships? I'd have to stretch my memory back pretty far to find the answer to that for myself.

THE VERDICT:

Is synchronized diving fun to watch once every four years? Is it a quirky, made-for-television event? Yes to both of those. It may be odd, it may be impossible to watch outside of the Olympics and it might have a grand total of two followers the world over, but synchronized diving is a sport, barely.

MMA comes to the River Rock

Action-packed, unrefined show pleases the crowd despite lack of skill



Kurtis Waterson

By Garth McLennan, Sports Editor

Well, it looks like UFC isn't alone on the Lower Mainland MMA landscape after Manny Sobrel's "MMA at the ROCK" production came to the Richmond River Rock casino last Saturday.

Star studded it wasn't, but there was plenty of action, stupidly loud entrance music and enough generic tattoos all over the place to make a Nickelback track seem unique. The crowd was shown eight bouts featuring a number of local fighters just starting out on Sobrel's cousin of his more familiar "Rumble at the ROCK" boxing nights. There were plenty of knockouts and submissions in all weight classes and while it would be a significant stretch to say that the matches were high on skill or drama, the sold-out crowd seemed to thoroughly enjoy themselves, and went wild whenever a loud blow was landed or a decision was rendered, even if they didn't know who any of the fighters were.

The general lack of talent was disguised by the best efforts of the night's organizers to create a big fight feel, borrowing elements of pageantry from both the UFC and professional wrestling.

Still though, it was painfully obvious at times that many of the fighters on the card were inexperienced at best and

woefully unprepared at worst. There was little attention paid to technique, which led to haymakers being thrown left and right, leaving the heads and faces of the fighters blatantly exposed. Fortunately though, most failed to capitalize on the generous openings provided to them, and nobody got hurt.

The night began with a first round TKO by Kurtis Waterston over fellow bantamweight Jacques Lizardo, which was highlighted by a huge body slam delivered by Waterston to take control of the fight.

Chris Anderson dominated the next contest early in a lightweight bout against Abraham Monte De Ramos (what a mouthful), but he was eventually locked into a tight sleeper hold and the referee stopped the fight.

That was the general feel of most of the bouts. Fast paced and quick, with little time to breath and take in the proceedings. Only two matches went the scheduled distance (including a draw between Wendy Roy and Sarah McLeod), and most others concluded in the first round with stoppages on punches.

The crowd got the video game-like action it wanted, but you couldn't help leaving the theatre more than a little unfilled, and hoping that the future of MMA in B.C. will be much more refined than "MMA at the ROCK".

Attention Douglas College Students!

Copies of the Other Press's Audited Financial Statements and minutes from its Annual General Meeting are available to be viewed by all Student of Douglas College.

Our office is located in Room 1020 at the New Westminster Campus.

E-mail business@theotherpress.ca with any inquiries.

2009 - 2010

Women's Basketball

BCCAA
 British Columbia Colleges' Athletic Association

W = 2 Points L = 0 Points

		GP	W	L	PTS	PF	PA	+/-	Home	Away
1	UNBC Timberwolves	12	11	1	22	910	735	+175	5-0	6-1
2	Vancouver Island University Mariners	13	11	2	22	940	655	+285	5-2	6-0
3	UBC Okanagan Heat	12	10	2	20	917	633	+284	5-0	5-2
4	Capilano University Blues	12	9	3	18	827	686	+141	7-3	2-0
5	Camosun College Chargers	13	9	4	18	843	715	+128	3-3	6-1
6	Kwantlen Polytechnic University Eagles	13	6	7	12	762	813	-51	0-4	6-3
	Quest University Canada Kermodes	12	4	8	8	710	734	-24	2-3	2-5
	Douglas College Royals	12	2	10	4	508	790	-282	0-9	2-1
	Columbia Bible College Bearcats	12	0	12	0	536	933	-397	0-6	0-6
	Langara College Falcons	13	0	13	0	690	949	-259	0-5	0-8

7643

7643

BCCAA WEEK 10 (1st Week for Women's Basketball)

November 6, 2009

VIU	55	at	44	Quest
Camosun	84	at	33	CBC
UNBC	81	at	53	Langara
UBC-O	62	at	49	Kwantlen
Capilano	70	at	51	Douglas

November 7, 2009

VIU	69	at	67	Quest
Camosun	84	at	42	CBC
UNBC	85	at	58	Langara
UBC-O	60	at	52	Kwantlen

BCCAA WEEK 11 (2nd Week for Women's Basketball)

November 13, 2009

Quest	68	at	38	Douglas
CBC	48	at	70	Capilano
Langara	41	at	66	VIU
Kwantlen	58	at	52	Camosun

November 14, 2009

UNBC	59	at	74	UBC-O
Quest	69	at	45	Douglas
CBC	40	at	79	Capilano
Langara	46	at	79	VIU
Kwantlen	58	at	68	Camosun

BCCAA WEEK 12 (3rd Week for Women's Basketball)

November 20, 2009

Langara	60	at	64	Quest
Kwantlen	72	at	69	CBC
UBC-O	75	at	28	Douglas
UNBC	73	at	69	Capilano

November 21, 2009

Camosun	60	at	49	VIU
Langara	62	at	63	Quest
Kwantlen	75	at	42	CBC
UBC-O	80	at	28	Douglas
UNBC	79	at	65	Capilano

BCCAA WEEK 13 (4th Week for Women's Basketball)

November 27, 2009

Quest	60	at	72	UNBC
CBC	36	at	85	UBC-O
VIU	70	at	42	Douglas
Camosun	72	at	75	Capilano
Kwantlen	72	at	60	Langara

November 28, 2009

Quest	62	at	76	UNBC
CBC	39	at	95	UBC-O
VIU	71	at	30	Douglas
Camosun	64	at	55	Capilano

BCCAA WEEK 14 (5th Week for Women's Basketball)

January 8, 2010

Camosun	59	at	53	Langara
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January 9, 2010

Camosun	67	at	47	Langara
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BCCAA WEEK 15 (6th Week for Women's Basketball)

January 15, 2010

UBCO	61	at	81	VIU
UNBC	73	at	54	Camosun
Kwantlen	48	at	45	Douglas
Langara	56	at	62	Capilano

BCCAA SCOREBOARD

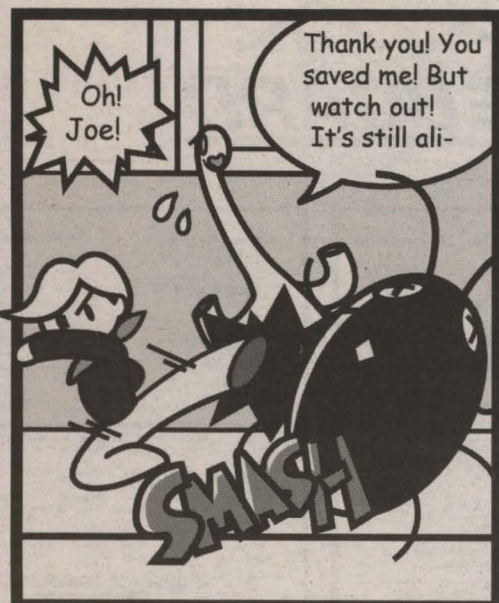
BCCAA	Rank	TEAMS	MP	MW	ML	GW	GL	PTS
2009 - 2010								
Men's Volleyball								
	1	UBC Okanagan Heat	12	12	0	36	9	24
	2	Vancouver Island University Mariners	13	11	2	34	19	22
	3	University of the Fraser Valley Cascades	12	9	3	32	20	18
	4	Douglas College Royals	14	8	6	28	24	16
	5	Camosun College Chargers	15	8	7	32	28	16
	6	Columbia Bible College Bearcats	14	7	7	27	27	14
		Capilano University Blues	14	4	10	26	32	8
		Selkirk College Saints	13	1	12	10	38	2
		College of the Rockies Avalanche	13	0	13	11	39	0

BCCAA Week 9 (1st Week for Men's Volleyball) Friday, October 30, 2009 Victoria UBCO 3-1 Camosun 25-23, 26-25, 25-21, 26-24 North Van. Capilano 3-0 COTR 25-17, 25-22, 25-21 New West. Douglas 3-0 Selkirk 25-14, 25-13, 25-14 Saturday, October 31, 2009 Abbotsford UBCO 3-2 UFV 22-25, 23-25, 25-21, 25-20, 16-14 Victoria UBCO 3-2 Camosun 21-25, 25-16, 25-20, 34-26, 15-11 North Van. Capilano 3-0 COTR 25-19, 25-8, 28-26 New West. Douglas 3-0 Selkirk 25-10, 25-6, 25-14			BCCAA Week 15 (7th Week for Men's Volleyball) Friday, January 15, 2010 Abbotsford UFV 3-1 CBC 28-26, 14-25, 25-16, 25-22 Kelowna UBCO 3-0 VIU 25-21, 25-15, 25-19 Cranbrook Capilano 3-2 Selkirk 26-25, 25-19, 21-25, 25-20, 15-10 Douglas UBCO 3-0 COTR 25-20, 25-20, 25-18 Saturday, January 16, 2010 Kelowna UBCO 3-1 VIU 25-22, 28-30, 26-24, 25-22 Cranbrook Capilano 3-0 Selkirk 25-17, 25-15, 25-17 Douglas UBCO 3-1 COTR 25-21, 24-26, 25-23, 25-16		
BCCAA Week 10 (2nd Week for Men's Volleyball) Friday, November 6, 2009 Nanaimo VIU 3-1 UFV 20-25, 27-25, 25-20, 25-22 Kelowna UBCO 3-0 Selkirk 25-17, 25-14, 25-23 North Van. Douglas 3-2 Capilano 19-25, 29-27, 30-28, 22-25, 15-11 Saturday, November 7, 2009 Victoria CBC 3-1 Camosun 26-24, 26-24, 18-25, 25-18 Nanaimo VIU 3-2 UFV 21-25, 18-25, 25-21, 25-16, 17-15 Kelowna UBCO 3-0 Selkirk 25-12, 25-12, 25-11 Sunday, November 8, 2009 Victoria Camosun 3-0 CBC 25-18, 25-13, 25-21			BCCAA Week 16 (8th Week for Men's Volleyball) Friday, January 22, 2010 Abbotsford VIU 3-2 CBC 25-21, 22-25, 20-25, 26-24, 15-11 Cranbrook UBCO 3-0 COTR 25-19, 25-21, 25-17 New West. Douglas 3-2 Capilano 24-26, 25-21, 25-17, 21-25, 15-9 Saturday, January 23, 2010 Abbotsford VIU 3-2 CBC 30-28, 25-22, 20-25, 28-26, 15-13 Abbotsford UFV 3-1 Camosun 25-23, 21-25, 25-22, 25-22 Cranbrook UBCO 3-0 COTR 25-14, 25-21, 25-19 Sunday, January 24, 2010 Abbotsford UFV 3-2 Camosun 25-20, 25-27, 22-25, 25-11, 15-10		
BCCAA Week 11 (3rd Week for Men's Volleyball) Friday, November 13, 2009 Abbotsford UFV 3-0 Douglas 25-13, 25-22, 25-19 Cranbrook CBC 3-0 Capilano 25-13, 25-19, 34-32 North Van. VIU 3-1 COTR 25-17, 24-26, 25-19, 25-17 New West. Capilano 3-1 Selkirk 25-23, 25-18, 19-25, 25-20 Saturday, November 14, 2009 Abbotsford UFV 3-0 Douglas 25-17, 25-20, 25-19 Cranbrook CBC 3-0 Capilano 25-18, 25-16, 26-24 North Van. VIU 3-2 COTR 19-25, 25-20, 21-25, 25-21, 15-13 New West. Camosun 3-1 Selkirk 20-25, 25-19, 25-19, 25-18			BCCAA Week 17 (9th Week for Men's Volleyball) Friday, January 29, 2010 North Van. UFV 3-2 Capilano 25-23, 24-26, 20-25, 25-21, 17-15 New West. Douglas 3-0 CBC 25-19, 25-22, 25-17 Camosun Capilano 3-0 COTR 25-21, 25-21, 25-16 Nanaimo VIU 3-1 Selkirk 24-26, 25-14, 25-16, 25-17 Saturday, January 30, 2010 North Van. UFV 3-1 Capilano 18-25, 25-21, 28-26, 25-16 New West. CBC 3-1 Douglas 26-24, 18-25, 25-22, 25-23 Victoria Camosun 3-1 COTR 23-25, 25-14, 25-20, 25-23 Nanaimo VIU 3-0 Selkirk 25-13, 25-16, 25-13		
BCCAA Week 12 (4th Week for Men's Volleyball) Friday, November 20, 2009 Cranbrook UFV 3-2 COTR 21-25, 25-14, 23-25, 25-16, 15-12 Capilano CBC 3-0 Selkirk 25-13, 25-17, 25-18 Nanaimo VIU 3-0 Camosun 25-17, 25-15, 25-22 Saturday, November 21, 2009 Cranbrook UFV 3-2 COTR 25-15, 20-25, 21-25, 25-14, 15-8 Capilano CBC 3-2 Selkirk 25-10, 25-13, 24-26, 17-25, 15-13 North Van. UBCO 3-2 Capilano 25-17, 18-25, 25-16, 20-25, 15-11 Sunday, November 22, 2009 North Van. UBCO 3-2 Capilano 25-15, 14-25, 23-25, 25-22, 15-11			BCCAA Week 18 (10th Week for Men's Volleyball) Friday, February 5, 2010 Abbotsford COTR at CBC Cranbrook Selkirk at UFV Kelowna Douglas at UBCO Saturday, February 6, 2010 Victoria VIU at Camosun Abbotsford COTR at CBC Kelowna Douglas at UBCO		
BCCAA Week 13 (5th Week for Men's Volleyball) Friday, November 27, 2009 Abbotsford UBCO 3-1 CBC 25-17, 15-25, 25-20, 25-22 Nanaimo VIU 3-1 Douglas 25-15, 13-31, 16-25, 25-17 Victoria Camosun 3-2 Capilano 25-23, 22-25, 25-21, 18-25, 15-13 Saturday, November 28, 2009 Cranbrook Selkirk 3-2 COTR 21-25, 25-22, 25-20, 19-25, 15-13 Abbotsford UBCO 3-0 CBC 25-20, 25-21, 25-21 Nanaimo VIU 3-1 Douglas 25-17, 25-19, 19-25, 25-15 Victoria Camosun 3-1 Capilano 25-22, 24-26, 25-20, 25-19			BCCAA Week 19 (11th Week for Men's Volleyball) Friday, February 12, 2010 Kelowna UFV at UBCO North Van. VIU at Capilano Saturday, February 13, 2010 Cranbrook Selkirk at COTR Kelowna UFV at UBCO North Van. VIU at Capilano		
BCCAA Week 14 (6th Week for Men's Volleyball) Friday, January 8, 2010 New West. Douglas 3-1 Camosun 20-25, 25-20, 25-22, 25-20 Saturday, January 9, 2010 New West. Camosun 3-1 Douglas 25-19, 25-21, 19-25, 25-19			BCCAA Provincial Championships @ Camosun College (Victoria B.C.) February 25-27, 2010 Quarter-Final Seed 6 vs Seed 3 Feb. 25 th Semi-Final Winner Q1 vs Seed 4 Feb. 25 th Semi-Final Winner Q2 vs Seed 1 Feb. 26 th Bronze Loser SF1 vs Loser SF2 Feb. 27 th Gold Winner SF1 vs Winner SF2 Feb. 27 th		

BCCAA	Rank	TEAMS	MP	MW	ML	GW	GL	PTS
2009 - 2010								
Women's Volleyball								
	1	UBC Okanagan Heat	12	12	0	36	3	24
	2	Capilano University Blues	14	12	2	38	9	24
	3	Vancouver Island University Mariners	13	9	4	29	14	18
	4	University of the Fraser Valley Cascades	12	8	4	28	19	16
	5	Columbia Bible College Bearcats	14	8	6	28	25	16
	6	Camosun College Chargers	15	6	9	24	30	12
		Douglas College Royals	14	4	10	16	32	8
		College of the Rockies Avalanche	13	1	12	6	38	2
		Selkirk College Saints	13	0	13	4	39	0

BCCAA Week 9 (1st Week for Women's Volleyball) Friday, October 30, 2009 Victoria UBCO 3-0 Camosun 25-16, 25-19, 25-22 North Van. Capilano 3-0 COTR 25-13, 25-7, 25-16 New West. Douglas 3-0 Selkirk 25-13, 25-17, 25-22 Saturday, October 31, 2009 Abbotsford CBC 3-2 UFV 25-20, 23-25, 29-31, 25-22, 15-12 Victoria UBCO 3-0 Camosun 25-15, 25-16, 25-20 North Van. Capilano 3-0 COTR 25-7, 25-12, 25-10 New West. Douglas 3-1 Selkirk 25-18, 25-23, 14-25, 25-12			BCCAA Week 15 (7th Week for Women's Volleyball) Friday, January 15, 2010 Abbotsford UFV 3-2 CBC 25-19, 25-11, 21-25, 22-25, 16-14 Kelowna UBCO 3-1 VIU 28-26, 20-25, 25-22, 25-15 Cranbrook Capilano 3-0 Selkirk 25-13, 25-9, 25-14 Douglas UBCO 3-0 COTR 25-19, 25-13, 25-22 Saturday, January 16, 2010 Kelowna UBCO 3-0 VIU 25-18, 26-24, 25-17 Cranbrook Capilano 3-0 COTR 25-8, 25-12, 25-18 Douglas UBCO 3-1 COTR 25-19, 25-20, 23-25, 25-20		
BCCAA Week 10 (2nd Week for Women's Volleyball) Friday, November 6, 2009 Nanaimo UFV 3-1 VIU 25-22, 9-25, 25-22, 25-17 Kelowna UBCO 3-0 Selkirk 25-11, 25-16, 25-16 North Van. Capilano 3-0 Douglas 25-17, 25-15, 25-12 Saturday, November 7, 2009 Victoria CBC 3-2 Camosun 25-22, 25-22, 18-25, 26-28, 15-11 Nanaimo VIU 3-1 UFV 22-25, 25-16, 25-13, 25-17 Kelowna UBCO 3-0 Selkirk 25-19, 25-12, 25-16 Sunday, November 8, 2009 Victoria CBC 3-2 Camosun 25-23, 25-22, 27-29, 10-25, 17-15			BCCAA Week 16 (8th Week for Women's Volleyball) Friday, January 22, 2010 Abbotsford CBC 3-0 VIU 27-25, 28-26, 25-23 Cranbrook UBCO 3-0 COTR 25-14, 25-13, 25-18 New West. Capilano 3-0 Douglas 25-17, 25-12, 25-17 Saturday, January 23, 2010 Abbotsford VIU 3-0 CBC 25-15, 25-17, 25-19 Cranbrook UBCO 3-0 Camosun 27-25, 25-21, 25-12 Douglas UBCO 3-0 COTR 25-17, 25-11, 25-15 Sunday, January 24, 2010 Abbotsford UFV 3-1 Camosun 25-17, 21-25, 25-17, 25-22		
BCCAA Week 11 (3rd Week for Women's Volleyball) Friday, November 13, 2009 Abbotsford UFV 3-1 Douglas 20-25, 25-22, 25-22, 25-23 Cranbrook Capilano 3-1 CBC 25-14, 25-22, 19-25, 25-15 North Van. VIU 3-0 COTR 25-21, 25-11, 25-13 New West. Camosun 3-0 Selkirk 29-27, 25-14, 26-24 Saturday, November 14, 2009 Abbotsford UFV 3-0 Douglas 25-14, 25-23, 25-16 Cranbrook Capilano 3-1 CBC 25-21, 25-17, 23-25, 25-12 North Van. VIU 3-0 COTR 25-18, 25-14, 25-11 New West. Camosun 3-1 Selkirk 25-9, 25-22, 22-25, 25-17			BCCAA Week 17 (9th Week for Women's Volleyball) Friday, January 29, 2010 North Van. Capilano 3-0 UFV 25-21, 25-16, 25-20 New West. CBC 3-1 Douglas 24-26, 25-23, 25-20, 25-22 Victoria Camosun 3-0 COTR 25-19, 25-13, 25-21 Nanaimo VIU 3-0 Selkirk 25-13, 25-10, 25-11 Saturday, January 30, 2010 North Van. Capilano 3-1 UFV 25-19, 25-18, 23-25, 28-26 New West. CDC 3-0 Douglas 25-19, 25-18, 25-14 Victoria Camosun 3-0 COTR 25-18, 25-22, 25-13 Nanaimo VIU 3-0 Selkirk 25-12, 25-11, 25-11		
BCCAA Week 12 (4th Week for Women's Volleyball) Friday, November 20, 2009 Cranbrook UFV 3-0 COTR 25-16, 25-15, 25-23 Capilano CBC 3-0 Selkirk 25-25, 25-15, 25-20 Nanaimo VIU 3-1 Camosun 25-17, 30-25, 25-13, 25-17 Saturday, November 21, 2009 Cranbrook UFV 3-2 COTR 20-25, 25-19, 25-19, 23-25, 15-12 Capilano CBC 3-0 Selkirk 25-13, 25-22, 25-12 North Van. UBCO 3-1 Capilano 25-20, 20-25, 25-22, 25-21 Sunday, November 22, 2009 North Van. UBCO 3-1 Capilano 25-9, 25-19, 10-25, 25-20			BCCAA Week 18 (10th Week for Women's Volleyball) Friday, February 5, 2010 Abbotsford COTR at CBC Cranbrook Selkirk at UFV Kelowna Douglas at UBCO Saturday, February 6, 2010 Victoria VIU at Camosun Abbotsford COTR at CBC Kelowna Douglas at UBCO		
BCCAA Week 13 (5th Week for Women's Volleyball) Friday, November 27, 2009 Abbotsford UBCO 3-0 CBC 25-19, 25-23, 25-21 Nanaimo VIU 3-0 Douglas 25-21, 25-16, 25-20 Victoria Capilano 3-0 Camosun 25-19, 25-21, 25-20 Saturday, November 28, 2009 Cranbrook COTR 3-2 Selkirk 14-25, 25-17, 15-25, 25-22, 19-17 Capilano UBCO 3-0 CBC 25-15, 26-24, 25-22 North Van. UBCO 3-0 Douglas 25-21, 25-17, 25-11 Victoria Capilano 3-0 Camosun 25-11, 25-17, 25-16			BCCAA Week 19 (11th Week for Women's Volleyball) Friday, February 12, 2010 Kelowna UFV at UBCO North Van. VIU at Capilano Saturday, February 13, 2010 Cranbrook Selkirk at COTR Kelowna UFV at UBCO North Van. VIU at Capilano		
BCCAA Week 14 (6th Week for Women's Volleyball) Friday, January 8, 2010 New West. Camosun 3-2 Douglas 25-20, 17-25, 25-19, 22-25, 15-12 Saturday, January 9, 2010 New West. Camosun 3-0 Douglas 25-21, 25-21, 25-22			BCCAA Provincial Championships @ Camosun College (Victoria B.C.) February 25-27, 2010 Quarter-Final Seed 6 vs Seed 3 Feb. 25 th Semi-Final Winner Q1 vs Seed 4 Feb. 25 th Semi-Final Winner Q2 vs Seed 1 Feb. 26 th Bronze Loser SF1 vs Loser SF2 Feb. 27 th Gold Winner SF1 vs Winner SF2 Feb. 27 th		

Little Joe / Ellen Kim



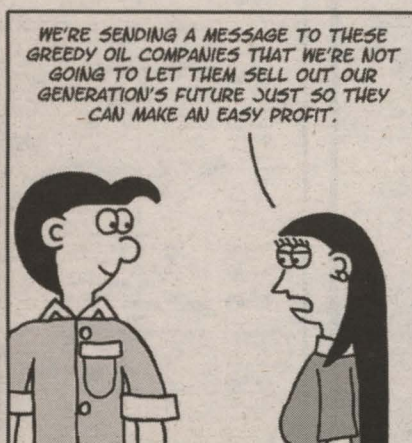
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Last Ditch Effort / John Kroes



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Solution

1	3	6	5	2	4	7	9	8
7	2	9	1	6	8	5	3	4
4	5	8	3	7	9	6	2	1
9	6	7	4	1	5	3	8	2
8	1	2	9	3	6	4	5	7
5	4	3	2	8	7	9	1	6
2	7	5	8	4	3	1	6	9
6	9	1	7	5	2	8	4	3
3	8	4	6	9	1	2	7	5



WORD ON THE STREET

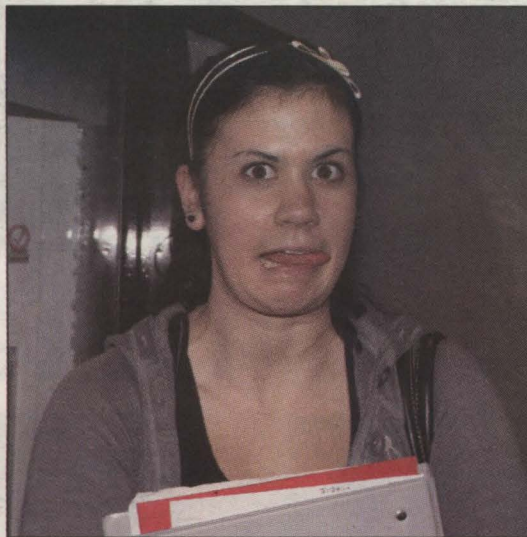
If you could live anywhere in the world where would it be?

By Maria Asselin-Roy, Photographer



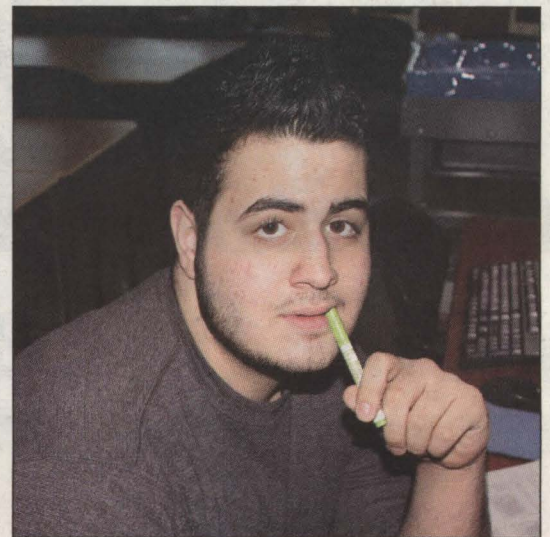
Michael Bayus
Associate of Arts

"I would live in Japan because it's awesome and I know the language."



Samantha Palmer
General Studies

"I don't know, New York? So I could be a part of the big world over there."



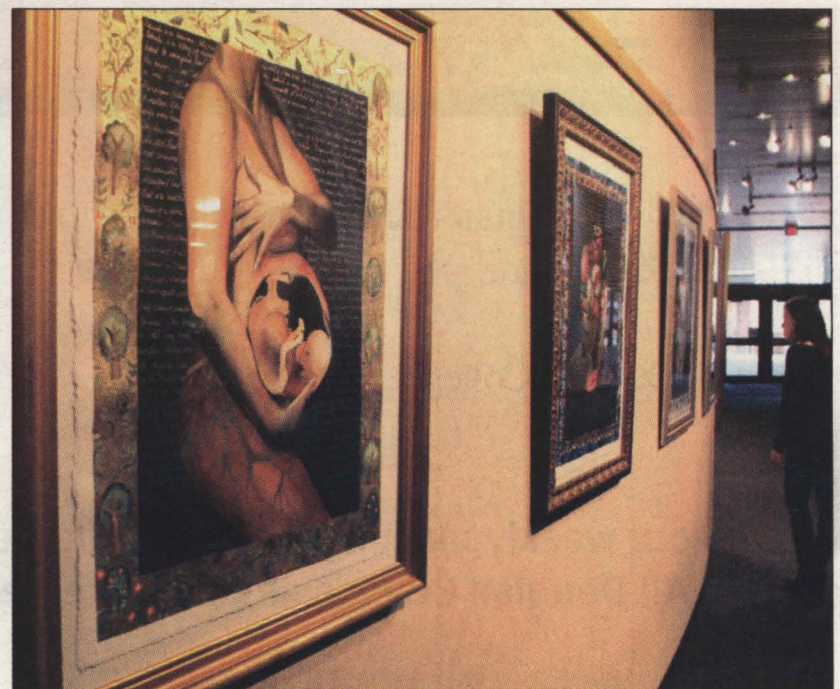
Mehrdad Tehrani
Associate of Arts, Geography Major

"New Zealand—it's a geographical Mecca and it's a ferry ride away from Australia. And the bonus is that I love Flight of the Conchords."

Campus Happenings



"Thank god it's Friday! The New West campus is pretty empty by the end of the week."



"Browsing the newly opened gallery titled 'In her Image' in the Amelia Douglas Gallery."

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Contact editor@theotherpress.ca with your story idea before submitting.